WHO-PQ RECOMMENDED SUMMARY OF PRODUCT CHARACTERISTICS

This summary of product characteristics focuses on uses of the medicine covered by WHO's Prequalification Team - Medicines. The recommendations for use are based on WHO guidelines and on information from stringent regulatory authorities.[*]

The medicine may be authorised for additional or different uses by national medicines regulatory authorities.

[*] https://extranet.who.int/pqweb/sites/default/files/documents/75%20SRA%20clarification_Feb2017_newtempl.pdf

1. NAME OF THE MEDICINAL PRODUCT

Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains 600 mg efavirenz, 300 mg lamivudine and 300 mg tenofovir disoproxil fumarate equivalent to 245 mg of tenofovir disoproxil or 136 mg of tenofovir.

Excipients with known effect:
Each tablet contains 199.6 mg of lactose monohydrate and 43 mg of sodium. See section 4.4.

For the full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Film-coated tablets.
Yellow- coloured, capsule-shaped, biconvex, film-coated tablets, with "T" debossed on one side and plain on the other side.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is a fixed dose combination of efavirenz, lamivudine and tenofovir disoproxil.
It is indicated for the treatment of human immunodeficiency virus type 1 (HIV-1) infection in patients weighing at least 35 kg.

Treatment regimens should follow most recent WHO treatment guidelines, supplemented by other authoritative guidelines.

4.2 Posology and method of administration

Posology

Therapy should be prescribed by a physician experienced in the management of HIV-1 infection.

Adults and adolescents weighing at least 35 kg

The recommended dose of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is one tablet taken orally once daily.

Special populations

Elderly
Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should be administered with caution to elderly patients (see section 4.4).

Dose adjustments
Where discontinuation of therapy with one of the components of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is indicated or wheredose modification is necessary, separate preparations of efavirenz, lamivudine and tenofovir disoproxil are available. Please refer to the WHO-PQ recommended Summary of Product Characteristics for these medicinal products.

If Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is co-administered with rifampicin in patients weighing 50 kg or more, an additional200 mg/day (800 mg total) of efavirenz may be considered (see section 4.5).

Renal impairment
Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended for patients with moderate or severe renal impairment (creatinineclearance (CrCl) < 50 ml/min). Patients with moderate or severe renal impairment require dose interval adjustment of lamivudine and tenofovir

disoproxil that cannot be achieved with the combination tablet (seesections 4.4 and 5.2)

Hepatic impairment
Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended for patients with moderate or severe hepatic impairment because there are insufficient data to determine whether dose adjustment is necessary. Patients with mild liver disease(Child-Pugh-Turcotte (CPT), Class A) may be treated with the normal recommended dose (see sections 4.3,
4.4 and 5.2). Patients should be monitored carefully for adverse reactions, especially nervous system symptoms related to efavirenz.

If Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is discontinued in patients co-infected with HIV and HBV, these patients should beclosely monitored for evidence of exacerbation of hepatitis (see section 4.4).

If therapy with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is discontinued, consideration should be given to the long half-life of efavirenz (see section 5.2) and long intracellular half-lives of tenofovir and lamivudine. Because of interpatientvariability in these parameters and concerns regarding development of resistance, HIV treatment guidelines should be consulted, also taking into consideration the reason for discontinuation.

Paediatric population

Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended for patients weighing less than 35 kg since appropriate doseadjustments cannot be made with this combination tablet.

Method of administration

Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is administered orally and should be taken with water and swallowed whole. The tabletsshould be taken on an empty stomach (see sections 4.4, 4.8 and 5.2).

Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should preferably be taken before bedtime, in order to improve the tolerability ofefavirenz with respect to undesirable effects on the nervous system (see section 4.8).

Missed dose and vomiting after a dose
It is important that the patient takes the medicine regularly as prescribed. Missing doses can increase the risk of resistance to Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and reduce its effectiveness.

If the patient misses a dose and it is less than 12 hours after it was due, the patient should be advised to take the dose as soon as possible and then take the next dose at the scheduled time. If more than 12 hours have passed since the dose was due, the patient should omit the missed dose and take the next scheduled dose at the usual time. The patient should not take a double dose.

If the patient vomits within 1 hour of taking Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg , the patient should take an extra dose. If vomiting occurs more than an hour after taking the dose, the patient does not need to take an extra dose andcan take the next dose as usual when it is due.

4.3 Contraindications

Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is contraindicated in patients with clinically significant hypersensitivity to efavirenz,lamivudine or tenofovir, or to any of the excipients contained in the formulation.

Severe hepatic impairment (CPT, Class C) (see section 5.2).

Co-administration with terfenadine, astemizole, cisapride, midazolam, triazolam, pimozide, bepridil, or ergot alkaloids (for example, ergotamine, dihydroergotamine, ergonovine, and methylergonovine). Competition for cytochrome P450 (CYP) 3A4 by efavirenz could result in inhibition of metabolism and create the potential for serious and/or life-threatening adverse reactions (for example, cardiac arrhythmias, prolonged

sedation or respiratory depression) (see section 4.5).

Co-administration with elbasvir (EBR) and grazoprevir (GZR) due to the potential for significant decreases in plasma concentrations of EBR and GZR (see section 4.5).

Voriconazole and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg must not be co-administered, since efavirenz significantly decreases voriconazole plasma concentrations while voriconazole also significantly increases efavirenz plasma concentrations (see section 4.5). No dose adjustment of efavirenz is possible with the fixed-dose combinationproduct (see section 4.5).

Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and dasabuvir + ombitasvir/paritaprevir/ritonavir should not be co-administered.Concomitant use can result in ALT elevations and is expected to reduce the therapeutic effect of dasabuvir + ombitasvir/paritaprevir/ritonavir (see section 4.5).

Herbal preparations containing St.John´s wort (Hypericum perforatum) must not be used while taking Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg due to the risk of decreased plasma concentrations and reduced clinical effects ofefavirenz (see section 4.5).

Patients with:

- a family history of sudden death or of congenital prolongation of the QTc interval on electrocardiograms, or with any other clinical condition known to prolong the QTc interval.
- a history of symptomatic cardiac arrythmias or with clinically relevant bradycardia or with congestive cardiac failure accompanied by reduced left ventricle ejection fraction.
- severe disturbances of electrolyte balance e.g., hypokalemia or hypomagnesemia.

Patients taking drugs that are known to prolong the QTc interval (proarrythmic). These drugs include:

- antiarrhythmics of classes IA and III,
- neuroleptics, antidepressive agents,
- certain antibiotics including some agents of the following classes: macrolides, fluoroquinolones, imidazole and triazole antifungal agents,
- certain non-sedating antihistamines (terfenadine, astemizole),
- cisapride,
- flecainide,
- certain antimalarials,
- methadone.

4.4 Special warnings and precautions for use

General

HBV antibody testing should be offered to all individuals before initiating therapy with lamivudine and tenofovir disoproxil-containing therapies (see below “Patients with HIV and hepatitis B (HBV) or C virus (HCV) co-infection”).

Concomitant use of other medicinal products:

As a fixed combination, Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should not be administered concomitantly with other medicinalproducts containing any of the same active components, efavirenz, lamivudine or tenofovir disoproxil.

Due to similarities with lamivudine, Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should not be administered concomitantly withother cytidine analogues, such as emtricitabine. Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should not be administered concomitantly with medicinal products containing adefovir dipivoxil or tenofovir alafenamide.

Co-administration of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and didanosine is not recommended since exposure to didanosineis significantly increased following co-administration with tenofovir disoproxil (see section 4.5). Rarely, pancreatitis and lactic acidosis, sometimes fatal have been reported.

No data are available on the safety and efficacy of combined efavirenz, lamivudine and tenofovir disoproxil in combination with other antiretroviral agents.

The combination of lamivudine with cladribine is not recommended (see section 4.5).

Concomitant use of Ginkgo biloba extracts is not recommended (see section 4.5).

Co-administration with amodiaquine is not recommended since amodiaquine exposure significantly increased following co-administration with efavirenz. Hepatotoxicity has been observed (see section 4.5)

Co-administration with bedaquiline is not recommended, since plasma concentrations of bedaquilinedecreased due to CYP3A induction by efavirenz, which may result in loss of therapeutic effect of bedaquiline (see section 4.5).

The safety and efficacy of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg TB/ HIV-coinfected patients using rifampicin have not beenestablished. Insufficient data are available to make a dosing recommendation for rifampicin in combination with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg Therefore, co-administration of rifampicin and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended.

Antivirals against HCV

Co-administration with simeprevir is not recommended, since plasma concentrations of simeprevir significantly decreased due to CYP3A induction by efavirenz, which may result in loss of therapeutic effect of simeprevir (see section 4.5).

Co-administration with sofosbuvir/velpatasvir or sofosbuvir/velpatasvir/voxilaprevir is not recommended, since plasma concentrations of velpatasvir significantly decreased due to CYP3A induction by efavirenz, which may result in loss of therapeutic effect of velpatasvir.

Co-administration of tenofovir disoproxil with ledipasvir/sofosbuvir, sofosbuvir/velpatasvir or sofosbuvir/velpatasvir/voxilaprevir has been shown to increase plasma concentrations of tenofovir. Tenofovir-associated adverse reactions should be monitored in patients receiving ledipasvir/sofosbuvir and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg .

Co-administration of glecaprevir/pibrentasvir with efavirenz may significantly decrease plasma concentrations of glecaprevir and pibrentasvir, leading to reduced therapeutic effect. Coadministration of glecaprevir/pibrentasvir with efavirenz is not recommended.

Switching from a PI-based antiretroviral regimen

Currently available data indicate a trend that in patients on a PI-based antiretroviral regimen the switch to Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg may lead to a reduction of the response to the therapy (see section 5.1). These patients should be carefully monitored for rises in viral load and, since the safety profile of efavirenz differs from thatof protease inhibitors, for adverse reactions.

Liver disease

The pharmacokinetics, safety and efficacy of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg have not been established in patients withsignificant underlying liver disorders (see section 5.2).
Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is contraindicated in patients with severe hepatic impairment (see section 4.3) and not recommended in patients with moderate hepatic impairment. Since efavirenz is principally metabolised by the CYP system, caution should be exercised in administering Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg to patients with mild hepatic impairment. These patients should be carefully monitored for efavirenz adverse reactions, especiallynervous system symptoms (see section 4.2). Laboratory tests should be performed to evaluate their liver disease at periodic intervals.
Patients with pre-existing liver dysfunction, including chronic active hepatitis, have an increased frequency of liver function abnormalities during combination antiretroviral therapy (CART) and should be monitored according to standard practice. If there is evidence of worsening liver disease in such patients, interruption or discontinuation of treatment must be considered.

Liver toxicity

Hepatic failure has occurred in patients with no pre-existing hepatic disease or other identifiable risk factors, who were treated with efavirenz (see section 4.8). Liver enzyme monitoring should be considered for patients without pre-existing hepatic dysfunction or other risk factors.
Patients with HIV and hepatitis B (HBV) or C virus (HCV) co-infection:
Patients with chronic hepatitis B or C and treated with combination antiretroviral therapy are at an increased risk for severe and potentially fatal hepatic adverse reactions.

Healthcare providers should refer to current HIV treatment guidelines for the optimal management of HIV infection in patients co-infected with HBV.

In case of concomitant antiviral therapy for hepatitis B or C, please refer also to the relevant summary of product characteristics for these medicinal products.

Increased transaminase levels may occur months after starting efavirenz and may be more frequent in patients with HBV and/or HCV co-infection.

Lamivudine and tenofovir disoproxil are also active against HBV. Therefore, discontinuation of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg therapy in patients co-infected with HIV and HBV may be associated with severe acute exacerbations of hepatitis. Patients co-infected with HIV and HBV who discontinue therapy must be closelymonitored with both clinical and laboratory follow-up for at least four months after stopping treatment. If appropriate, resumption of specific anti-hepatitis B therapy may be warranted. In patients with advanced liver disease or cirrhosis, specific anti-hepatitis B therapy has to be resumed without interruption.

Exacerbations of hepatitis

Flares on treatment: Spontaneous exacerbations in chronic hepatitis B are relatively common and are characterised by transient increases in serum ALT. After initiating antiviral therapy, serum ALT may increase in some patients (see section 4.8). In patients with compensated liver disease, these increases in serum ALT are generally not accompanied by an increase in serum bilirubin concentrations or hepatic decompensation. Patients with cirrhosis may be at a higher risk for hepatic decompensation following hepatitis exacerbation, and therefore should be monitored closely during therapy.

Flares after treatment discontinuation: Acute exacerbation of hepatitis has also been reported in patients who have discontinued hepatitis B therapy. Post-treatment exacerbations are usually associated with rising HBV DNA, and the majority appears to be self-limited. However, severe exacerbations, including fatalities, have been reported. Hepatic function should be monitored at repeated intervals with both clinical and laboratory follow-up for at least 6 months after discontinuation of hepatitis B therapy. If appropriate, resumption of hepatitis B therapy may be warranted. In patients with advanced liver disease or cirrhosis, treatment discontinuation is not recommended since post-treatment exacerbation of hepatitis may lead to hepatic decompensation. Liver flares are especially serious, and sometimes fatal in patients with decompensated liver disease.

Psychiatric symptoms

Psychiatric adverse reactions have been reported in patients treated with efavirenz. Patients with a prior history of psychiatric disorders appear to be at greater risk of serious psychiatric adverse reactions. In particular, severe depression was more common in those with a history of depression. There have also been post-marketing reports of severe depression, death by suicide, delusions and psychosis-like behavior. Patients should be advised that if they experience symptoms such as severe depression, psychosis or suicidal ideation, they should contact their doctor immediately to assess the possibility that the symptoms may be related to the use of efavirenz, and if so, to determine whether the risk of continued therapy outweighs the benefits (see section 4.8).

Nervous system symptoms

Symptoms including, but not limited to, dizziness, insomnia, somnolence, impaired concentration and abnormal dreaming are frequently reported undesirable effects in patients receiving efavirenz 600 mg daily in clinical studies. Dizziness was also seen in clinical studies with lamivudine and tenofovir disoproxil.

Headache has been reported in clinical studies with lamivudine (see section 4.8). Nervous system symptoms associated with efavirenz usually begin during the first one or two days of therapy and generally resolve after the first two to four weeks. Patients should be informed that if they do occur, these common symptoms are likely to improve with continued therapy and are not predictive of subsequent onset of any of the less frequent psychiatric symptoms.

Convulsions have been observed in patients receiving efavirenz, generally in the presence of a known medical history of seizures. Patients who are receiving concomitant anticonvulsant medicinal products primarily metabolized by the liver, such as phenytoin, carbamazepine and phenobarbital, may require

periodic monitoring of plasma levels. In a drug interaction study, carbamazepine plasma concentrations were decreased when carbamazepine was co-administered with efavirenz (see section 4.5). Caution must be taken in any patient with a history of seizures.

Late-onset neurotoxicity, including ataxia and encephalopathy (impaired consciousness, confusion, psychomotor slowing, psychosis, delirium), may occur months to years after beginning therapy with efavirenz. Effects may be severe or life-threatening, but are generally reversible on discontinuation. Events of late-onset neurotoxicity have occurred in patients with CYP2B6 genetic polymorphisms at daily dosages of 600 mg of efavirenz and were associated with increased efavirenz plasma levels. Patients presenting with signs and symptoms of serious neurological adverse events should be evaluated promptly to assess the possibility that these events may be related to efavirenz use, and whether discontinuation of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is warranted.

Renal function

Lamivudine and tenofovir disoproxil are primarily excreted by the kidneys, through a combination of glomerular filtration and active tubular secretion. Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended for patients withmoderate or severe renal impairment (creatinine clearance < 50 ml/min). Patients with moderate or severe renal impairment require a dose adjustment of lamivudine and tenofovir disoproxil that cannot be achieved with the combination tablet (see sections 4.2 and 5.2).

Renal failure, renal impairment, elevated creatinine, hypophosphataemia and proximal tubulopathy (including Fanconi syndrome) have been reported with the use of tenofovir disoproxil in clinical practice (see section 4.8).

It is recommended that creatinine clearance /estimated glomerular function is calculated in all patients prior to initiating therapy and as clinically appropriate during therapy with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg If the creatinine test is routinely available, use the estimated glomerular filtration rate at baseline before initiating TDF regimens. If the creatinine test is not routinely available urine dipsticks may be used to detect glycosuria or severe TDF nephrotoxicity in individuals without risk factors. Creatinine testing is particularly advisable forhigh-risk patients (those who are older or have underlying renal disease, long-term diabetes or uncontrolled hypertension concomitant with boosted PIs or nephrotoxic drugs) to detect and limit further progression of renal impairment. Benefit and risks should be carefully weighed. If available, also serum phosphate should be measured in these patients. If serum phosphate is < 1.5 mg/dl (0.48 mmol/l) or creatinine clearance is decreased to < 50 ml/min in any patient receiving this medicine renal function must be re-evaluated within one week, including measurements of blood glucose, blood potassium and urine glucose concentrations (seesection 4.8, proximal tubulopathy). Since Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is a combination product and the dosing interval of the individual components cannot be altered, treatment with this medicine must be interrupted in patients with confirmed creatinine clearance < 50 ml/min or decreases in serum phosphate to < 1.0 mg/dl (0.32 mmol/l).

Interrupting treatment should also be considered in case of progressive decline of renal function when no other cause has been identified. Where discontinuation of therapy with one of the components is indicated or where dose modification is necessary, separate preparations of efavirenz, lamivudine and tenofovir disoproxil are available.

This medicine should be avoided with concurrent or recent use of a nephrotoxic medicinal product (e.g. high-dose or multiple non-steroidal anti-inflammatory drugs, aminoglycosides, amphotericin B, foscarnet, ganciclovir, pentamidine, vancomycin, cidofovir, interleukin-2). If concomitant use of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and nephrotoxic agents is unavoidable, renal function must be monitored weekly (see section 4.5).

Tenofovir disoproxil has not been clinically evaluated in patients receiving medicinal products which are secreted by the same renal pathway, including the transport proteins human organic anion transporter (hOAT) 1 and 3 or MRP 4 (e.g., cidofovir, a known nephrotoxic medicinal product). These renal transport proteins may be responsible for tubular secretion and in part, renal elimination of tenofovir and cidofovir.

Consequently, the pharmacokinetics of these medicinal products, which are secreted by the same renal pathway including transport proteins hOAT 1 and 3 or MRP 4, might be modified if they are co-administered. Unless clearly necessary, concomitant use of these medicinal products which are secreted by

the same renal pathway is not recommended, but if such use is unavoidable, renal function should be monitored weekly (see section 4.5).

Elderly patients

Elderly patients are more likely to have decreased renal function; therefore, caution should be exercised when treating elderly patients with tenofovir disoproxil.

Rash

Mild-to-moderate rash has been reported with the individual components of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg The rash associated with the efavirenz component usually resolves with continued therapy. Appropriate antihistaminesand/or corticosteroids may improve tolerability and hasten the resolution of rash. Severe rash associated withblistering, moist desquamation or ulceration has been reported in less than 1% of patients treated with efavirenz (see section 4.8). The incidence of erythema multiforme or Stevens-Johnson syndrome was approximately 0.1%. Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg must be discontinued in patients developing severe rash associatedwith blistering, desquamation, mucosal involvement or fever. Experience with efavirenz in patients who discontinued other NNRTIs for rash is limited. Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended for patients who have had a life-threatening cutaneous reaction (e.g., Stevens-Johnson syndrome) while taking an NNRTI.

Bone effects

In a controlled clinical study in adult patients decreases in bone mineral density of spine and changes in bone biomarkers from baseline were observed in both treatment groups, but were significantly greater in the tenofovir disoproxil treatment group than in the comparator group treated with stavudine (each in combination with lamivudine and efavirenz) at 144 weeks. Decreases in bone mineral density of the hip were significantly greater in this group until 96 weeks. However, there was no increased risk of fractures or evidence for clinically relevant bone abnormalities over 144 weeks.

In HIV-1 infected adolescents 12 years of age and older, the mean rate of bone gain was less in the tenofovir disoproxil-treated group compared to the placebo group. Skeletal growth (height) appeared to be unaffected. Markers of bone turnover in tenofovir disoproxil-treated adolescents suggest increased bone turnover, consistent with the effects observed in adults. Due to the possible effects of tenofovir on bone metabolism, Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should only be used in adolescents under the age of 18 if the benefits are considered to exceed the risk (see also section 4.8).

Bone abnormalities (infrequently contributing to fractures) may be associated with proximal renal tubulopathy (see section 4.8). If bone abnormalities are suspected then appropriate consultation should be obtained.

Osteonecrosis

Osteonecrosis has been reported, particularly in patients with advanced HIV-disease and/or long-term exposure to combination antiretroviral therapy. Their etiology is considered to be multifactorial (including corticosteroid use, alcohol consumption, severe immunosuppression, higher body mass index). Patients should be advised to seek medical advice if they experience joint aches and pain, joint stiffness or difficulty in movement.

Weight and metabolic parameters

An increase in weight and in levels of blood lipids and glucose may occur during antiretroviral therapy. Such changes may in part be linked to disease control and life style. For lipids, there is in some cases evidence for a treatment effect, while for weight gain there is no strong evidence relating this to any particular treatment. For monitoring of blood lipids and glucose reference is made to established HIV treatment guidelines. Lipid disorders should be managed as clinically appropriate.

Mitochondrial dysfunction

Nucleoside and nucleotide analogues have been demonstrated, *in vitro* and *in vivo*, to cause a variable degree of mitochondrial damage. There have been reports of mitochondrial dysfunction in HIV-negative infants exposed *in utero* and/or postnatally to nucleoside analogues. The main adverse events reported are

haematological disorders (anaemia, neutropenia) and metabolic disorders (hyperlactataemia, hyperlipasaemia). These events are often transitory. Some late-onset neurological disorders have been reported (hypertonia, convulsion, abnormal behaviour). Whether the neurological disorders are transient or permanent is currently unknown. Any child exposed *in utero* to nucleoside and nucleotide analogues, even HIV-negative children, should have clinical and laboratory follow-up and should be fully investigated for possible mitochondrial dysfunction in case of relevant signs or symptoms. These findings do not affect current national recommendations to use antiretroviral therapy in pregnant women to prevent vertical transmission of HIV.

Immune Reactivation Syndrome

In HIV infected patients with pre-existing severe immune deficiency, typically in the first few weeks or months after initiation of combination ART, an inflammatory reaction to asymptomatic or residual opportunistic pathogens (e.g., CMV retinitis, mycobacterial infections, *Pneumocystiis jirovecii* pneumonia) may arise and cause serious clinical conditions or aggravation of symptoms.

Autoimmune disorders (such as Graves' disease, autoimmune hepatitis) have also been reported to occur in the setting of immune reactivation; however, the reported time to onset is more variable and these events can occur many months after initiation of treatment (see section 4.8). Treatment should be instituted when necessary.

Pancreatitis

Treatment with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should be stopped immediately if clinical signs, symptoms or laboratoryabnormalities suggestive of pancreatitis occur (see section 4.8).

Effect of food

The administration of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg with food may increase efavirenz exposure (see section 5.2) andmay lead to an increase in frequency of adverse reactions (see section 4.8). It is recommended that Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg be taken on an empty stomach, preferably at bedtime.

Opportunistic infections

Patients receiving antiretroviral therapy may continue to develop opportunistic infections and other complications of HIV infection. Therefore, patients should remain under close clinical observation by a health care providers experienced in the treatment of HIV infection.

Excipients
Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg contains 43 mg **sodium** per tablet, equivalent to about 2% of the WHO recommendedmaximum daily intake of 2 g sodium for an adult. Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg also contains small amounts of **lactose.** Patients with congenital lactase deficiency, galactosaemia or glucose-galactose intolerance (all rare genetic disorders) must not be given this medicineunless strictly necessary.
The small amount of lactose in each dose is unlikely to cause symptoms of lactose intolerance in other patients.

It is important to consider the contribution of excipients from all the medicines that the patient is taking.

4.5 Interaction with other medicinal products and other forms of interaction

No drug interaction studies have been performed using Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg As this medicine contains efavirenz, lamivudine and tenofovir disoproxil, any interactions that have been identified with these agentsindividually may occur with this combination tablet. Interaction studies with these agents have only been performed in adults.

As a fixed combination, Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should not be administered concomitantly with other medicinalproducts containing the components, lamivudine or tenofovir disoproxil. Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should not be co-administered with products containing efavirenz. Due to similarities

with lamivudine, this product should not be administered concomitantly with other cytidine analogues, such as emtricitabine. Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg

should not be administered concomitantly with adefovir dipivoxil or with medicinal products containing tenofovir alafenamide.

Efavirenz is an *in vivo* inducer of CYP3A4, CYP2B6 and UGT1A1. Compounds that are substrates of these enzymes may have decreased plasma concentrations when co-administered with efavirenz. Efavirenz may be an inducer of CYP2C19 and CYP2C9; however, inhibition has also been observed *in vitro* and the net effect of co-administration with substrates of these enzymes is not clear (see section 5.2).

Efavirenz exposure may be increased when given with medicinal products (for example ritonavir) or food (for example, grapefruit juice) which inhibit CYP3A4 or CYP2B6 activity.

Compounds or herbal preparations (for example Ginkgo biloba extracts and St. John's wort) which induce these enzymes may give rise to decreased plasma concentrations of efavirenz. Concomitant use of St. John's wort is contraindicated (see section 4.3). Concomitant use of Ginkgo biloba extracts is not recommended (see section 4.4).

Concurrent administration with terfenadine, astemizole, cisapride, midazolam, triazolam, pimozide, bepridil, or ergot alkaloids (for example, ergotamine, dihydroergotamine, ergonovine, and methylergonovine) because competition for CYP3A4 by efavirenz could result in inhibition of metabolism and create the potential for serious and/or life-threatening adverse reactions [for example, cardiac arrhythmias, prolonged sedation or respiratory depression].

Elbasvir/grazoprevir: Co-administration of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg with elbasvir/grazoprevir is contraindicatedbecause it may lead to loss of virologic response to elbasvir/grazoprevir.

Dasabuvir + ombitasvir/paritaprevir/ritonavir: Co-administration of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg with dasabuvir + ombitasvir/paritaprevir/ritonavir is contraindicated because it can result in ALT elevations and is expected toreduce the therapeutic effect of dasabuvir + ombitasvir/paritaprevir/ritonavir.

Voriconazole: Co-administration of standard doses of efavirenz and voriconazole is contraindicated. Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is a fixed-dose combination product, the dose of efavirenz cannot be altered; therefore, voriconazole and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg must not be co-administered.

In vitro and clinical pharmacokinetic interaction studies have shown that the potential for CYP-mediated interactions involving lamivudine and tenofovir disoproxil with other medicinal products is low.

Trimethoprim/sulfamethoxazole
Sulfamethoxazole/trimethoprim increases plasma concentrations of lamivudine but a clinically significant effect is not expected; the patient should be monitored for lamivudine toxicity in case of marked renal impairment or if high doses of sulfamethoxazole/trimethoprim are used (e.g. for *Pneumocystis jirovecii* pneumonitis treatment).

Atazanavir/ritonavir
Insufficient data are available to make a dosing recommendation for atazanavir/ritonavir in combination with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg Therefore, co-administration of atazanavir/ritonavir and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended (see Table 1).

Posaconazole
Concomitant use of posaconazole and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should be avoided, as this decreasesposaconazole plasma concentrations.

Didanosine
Co-administration of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and didanosine is not recommended (see section 4.4 and Table 1).

In vitro lamivudine inhibits the intracellular phosphorylation of cladribine leading to a potential risk of cladribine loss of efficacy in case of combination in the clinical setting. Some clinical findings also support a

possible interaction between lamivudine and cladribine. Therefore, the concomitant use of lamivudine with cladribine is not recommended (see section 4.4).

Coadministration of sorbitol solution (3.2 g, 10.2 g, 13.4 g) with a single 300 mg dose of lamivudine oral solution resulted in dose-dependent decreases of 14%, 32%, and 36% in lamivudine exposure (AUC∞) and

28%, 52%, and 55% in the Cmax of lamivudine in adults. When possible, chronic coadministration of lamivudine with medicinal products containing sorbitol or other osmotic acting polyalcohols or monosaccharide alcohols (e.g. xylitol, mannitol, lactitol, maltitol) should be avoided. More frequent monitoring of HIV-1 viral load, when chronic coadministration cannot be avoided, should be considered.

Renally eliminated medicinal products
Since lamivudine and tenofovir are primarily eliminated by the kidneys, co-administration of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg with medicinal products that reduce renal function or compete for active tubular secretion (e.g. cidofovir) may increase serum concentrations of lamivudine, tenofovir and/or the co-administered medicinalproducts.

Use of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should be avoided with concurrent or recent use of a nephrotoxic medicinalproduct. Some examples include, but are not limited to, aminoglycosides, amphotericin B, foscarnet, ganciclovir, pentamidine, vancomycin, cidofovir or interleukin-2 (see section 4.4).

Given that tacrolimus can affect renal function, close monitoring is recommended when it is co-administered with tenofovir disoproxil.

Cannabinoid test interaction

Efavirenz does not bind to cannabinoid receptors. False-positive urine cannabinoid test results have been reported with some screening assays in uninfected and HIV-infected subjects receiving efavirenz. Confirmatory testing by a more specific method such as gas chromatography/mass spectrometry is recommended in such cases.

Other interactions

Table 1: Interactions between the individual components of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and other medicinalproducts
(increase is indicated as "↑", decrease as "↓", no change as "↔", twice daily as "b.i.d.", once daily as "q.d." and once every 8 hours as "q8h")

Medicinal products by therapeutic areas	**Interaction**	**Recommendations concerning co-administration**
ANTI-INFECTIVES		
Antiretrovirals *In general, this product is intended to be a complete antiretroviral regimen. Nonetheless, drug-drug interactions with antiretrovirals are listed below to allow full access to all relevant information.*		
Nucleoside analogues		
Emtricitabine /lamivudine		Emtricitabine and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg shouldnot be co-administered, due to the similarity between emtricitabine and lamivudine, and consequently expected lack of additive effects (see section 4.4.).
Didanosine (400 mg q.d.) / tenofovir	Didanosine A UC ↑ 40-60%	The risk of didanosine-related adverse effects (e.g., pancreatitis, lactic acidosis) appears to be increased, and CD4 cells may decrease significantly on co-administration. Also didanosine at 250 mg co-administered with tenofovir within several different antiretroviral combination regimens has been associated with a high rate of virological failure. Co-administration of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and didanosine is not recommended (see section 4.4).
Non-nucleoside inhibitors of reverse transcriptase		

Nevirapine **Etravirine**		Concomitant use not recommended because of additive toxicity and no benefit in terms of efficacy.

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
Protease inhibitors		
Fosamprenavir/ritonavir (700/100 mg b.i.d)) / efavirenz	amprenavir C_{trough} ↓ 17% No significant interaction with twice daily regimen at steady state.	No dose adjustment necessary.
Fosamprenavir/ritonavir (1400/200 mg q.d.) / efavirenz	Amprenavir C_{min}: ↓ 36% at steady state	Avoid concomitant use of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and once-daily fosamprenavir regimen.
Saquinavir HCG/ritonavir (1000/100 mg b.i.d) **/** efavirenz	No clinically relevant interaction was noted.	Insufficient data are available for making a dosing recommendation for saquinavir, with or without ritonavir, when co-administered with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg Co-administration with saquinavir, with or without ritonavir, is not recommended.
Ritonavir (500 mg b.i.d) / efavirenz (600 mg q.d)	Interaction studies have shown moderate increases in the AUC for both ritonavir and efavirenz.	Avoid concomitant use with full-dose ritonavir, due to low tolerability.
Lopinavir/ritonavir soft capsules or oral solution / efavirenz	Substantial decrease in lopinavir exposure.	Insufficient data are available to make a dosing recommendation for lopinavir/ritonavir when dosed with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg Co-administration of lopinavir/ritonavir and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended.
Lopinavir/ritonavir tablets (400/100 mg b.i.d.)/efavirenz (600 mg q.d)	Lopinavir C_{min} ↓ ≈ 40%	
(500/125 mg b.i.d.)/efavirenz (600 mg q.d)	Lopinavir concentrations: similar to lopinavir/ritonavir 400/100 mg twice daily without efavirenz	
Lopinavir/ritonavir (400 mg/100 mg b.i.d.)/tenofovir disoproxil (245 mg q.d)	Lopinavir/ritonavir: No significant effect on lopinavir/ritonavir PK parameters. Tenofovir: AUC: ↑ 32% C_{max}: ↔ C_{min}: ↑ 51%	

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
Atazanavir 400 mg / efavirenz	Atazanavir AUC_{ss}: ↓ 74% C_{min}: ↓ 93%	Concomitant use of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg andunboosted atazanavir is not recommended.
Atazanavir (400 mg q.d.)/ tenofovir	Atazanavir: AUC: ↓ 25% C_{max}: ↓ 21% C_{min}: ↓ 40% Tenofovir: AUC: ↑ 24% C_{max}: ↑ 14% C_{min}: ↑ 22%	
Atazanavir/ritonavir/Tenofovir disoproxil (300 mg q.d./100 mg q.d./245 mg q.d.)	Atazanavir: AUC: ↓ 25% C_{max}: ↓ 28% C_{min}: ↓ 26% Co-administration of atazanavir/ritonavir with tenofovir resulted in increased exposure to tenofovir. Higher tenofovir concentrations could potentiate tenofovir-associated adverse events, including renal disorders.	Co-administration of atazanavir/ritonavir and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended.
Atazanavir/ritonavir/Efavirenz (400 mg q.d./100 mg q.d./600 mg q.d., all administered with food)	Atazanavir: AUC: ↔* Cmax: ↑ 17%* Cmin: ↓ 42%*	
Atazanavir/ritonavir/Efavirenz (400 mg q.d./200 mg q.d./600 mg q.d., all administered with food)	Atazanavir: AUC: ↔*/** Cmax: ↔*/** Cmin: ↑ 12%*/** (CYP3A4 induction). * When compared to atazanavir 300 mg/ritonavir 100 mg q.d. in the evening without efavirenz. This decrease in atazanavir C_{min} might negatively impact the efficacy of atazanavir. ** based on historical comparison. Co-administration of efavirenz with atazanavir/ritonavir is not recommended.	

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
Tipranavir/ritonavir / efavirenz	Appropriate data on the interaction between the approved tipranavir regimen and efavirenz are lacking.	The combination of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and tipranavir/ritonavir should be avoided.
Darunavir/ritonavir (300/100 mg b.i.d) / efavirenz (600 mg q.d) **Darunavir/ritonavir** (300 mg/100 mg b.i.d.) / tenofovir disoproxil (245 mg q.d)	Darunavir AUC_{ss} ↓ 13% Cmax ↓ 15% C_{min} ↓ 31%. (CYP3A4 induction) Efavirenz AUC ↑ 21% C_{max} ↑ 15% C_{min} ↑ 17% (CYP3A4 induction) Darunavir: No significant effect on darunavir/ritonavir PK parameters. Tenofovir: AUC: ↑ 22% C_{min}: ↑ 37%	Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg in combination with darunavir/ritonavir 800/100 mg once daily mayresult in suboptimal darunavir C_{min}. If Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is to be used in combination with darunavir/ritonavir, the darunavir/ritonavir 600/100 mg twice daily regimen should be used. Darunavir/ritonavir should be used with caution in combination with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg (see ritonavir). Monitoring of renal function may be indicated, particularly in patients with underlying systemic or renal disease, or in patients taking nephrotoxic agents.
CCR-5 antagonists		
Maraviroc (100 mg b.i.d) / efavirenz 600 mg q.d **Maraviroc** (300 mg b.i.d) / tenofovir 300 mg q.d	Maraviroc AUC: ↓ 45% C_{max}: ↓ 51% Maraviroc AUC_{12h}: ↔ C_{max}: ↔ Tenofovir concentrations not measured, no effect is expected.	Refer to the SmPC for the medicinal product containing maraviroc.
Integrase strand transfer inhibitors		

Raltegravir (400 mg single dose) / efavirenz	Raltegravir AUC ↓ 36% C_{max}: ↓ 36% (UGT1A1 induction)	Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and raltegravir can be co-administered without dose adjustment.

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
Raltegravir (400 mg b.i.d.) / tenofovir	Raltegravir AUC ↑ 49% C_{max} ↑ 64% Tenofovir AUC: ↓ 10% C_{max}: ↓ 23%	
ANTIVIRALS AGAINST HBV		
Adefovir dipivoxil / tenofovir	AUC: ↔ C_{max}: ↔	Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should not be administered concurrently with adefovir dipivoxil due to an expected lack of additive effect (see section 4.4).
Entecavir (1 mg q.d.)	AUC: ↔ C_{max}: ↔	No clinically significant pharmacokinetic interactions when Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is co-administered with entecavir.
ANTIVIRALS AGAINST HCV		
Elbasvir/grazoprevir (50 mg/200 mg q.d.)/efavirenz	Elbasvir AUC ↓ 54% Cmax↓ 45% C24↓ 59% Grazoprevir AUC ↓ 83% Cmax ↓ 87% C24 ↓ 69% Efavirenz AUC ↔ Cmax↔ C24 ↔	Concomitant use with Efavirenz/Lamivudine /Tenofovir Disoproxil Fumarate 600mg/300mg/300mg iscontraindicated
Daclatasvir (60 mg q.d./120 mg q.d.) / Efavirenz 600 mg q.d.	↓ Daclatasvir AUC*: 0.68 C_{max}*: 0.83 C_{min}*: 0.41 Induction of CYP3A4 by efavirenz *results are dose-normalised to 60 mg dose.	The dose of daclatasvir should be increased to 90 mg once daily when coadministered with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg
Dasabuvir + ombitasvir/paritaprevir/ritonavir / Efavirenz/emtricitabine/tenofovir disoproxil 600/300/245 mg q.d.	Co-administration of efavirenz (enzyme inducer) based regimens with paritaprevir /ritonavir + dasabuvir resulted in ALT elevations, possible by enzyme induction by efavirenz.	Concomitant use of dasabuvir + ombitasvir/paritaprevir/ritonavir with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is contraindicated.

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
Sofosbuvir / Efavirenz (600 mg q.d.) **Sofosbuvir** / Tenofovir disoproxil (245 mg q.d.)	No clinically significant pharmacokinetic interaction No clinically significant pharmacokinetic interaction	No dose adjustment required for either medicinal product.
Sofosbuvir/velpatasvir (400 mg/100 mg)	Sofosbuvir AUC: ↔ Cmax: ↑ 20% Velpatasvir ↓	Co-administration of sofosbuvir/velpatasvir with efavirenz resulted in a reduction (approximately 50%) in the systemic exposure of velpatasvir. Co-administration with efavirenz-containing regimens is not recommended (see section 4.4).
Velpatasvir/Sofosbuvir/ Voxilaprevir	Velpatasvir ↓ Expected: Voxilaprevir ↓	Coadministration of sofosbuvir/velpatasvir/voxilaprevir and efavirenz is not recommended because it may result in loss of therapeutic effect of sofosbuvir/velpatasvir/voxilaprevir.
Ledipasvir (90 mg once daily) / **sofosbuvir** (400 mg once daily) / Efavirenz/ emtricitabine/ tenofovir disoproxil (600 mg/ 200 mg/ 245 mg/ once daily) **Ledipasvir** (90 mg once daily) / **sofosbuvir** (400 mg once daily) / Abacavir/ lamivudine (600 mg/ 300 mg once daily)	Ledipasvir: AUC: ↓ 34% Cmax: ↓ 34% Cmin: ↓ 34% Sofosbuvir: ↔ GS-331007[2]: ↔ Efavirenz: ↔ Tenofovir: AUC: ↑ 98% Cmax: ↑ 79% Cmin: ↑ 163% No clinically significant pharmacokinetic interaction	No dose adjustment is recommended. The increased exposure of tenofovir could potentiate adverse reactions associated with tenofovir disoproxil, including renal disorders. Renal function should be closely monitored (see section 4.4).

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
ANTIMYCOBACTERIALS AND ANTIBIOTICS		
Clarithromycin (500 mg b.i.d, multiple doses) / efavirenz	Clarithromycin AUC ↓ 39% C_{max} ↓ 26% 14-OH-chlaritromycin AUC ↑ 34% C_{max} ↑ 49% Efavirenz AUC ↔ C_{max} ↑ 11%	The clinical significance, if any, of these alterations in clarithromycin exposure are not known. A high frequency of rash was seen when the drugs were co-administered in healthy volunteers. Consider azithromycin instead, if possible.
Azithromycin (600 mg single dose) / efavirenz (400 mg once daily**),**	No clinically significant pharmacokinetic interaction	No dosage adjustment is necessary for either medicinal product.
Rifampicin (600 mg q.d, multiple doses)/ efavirenz	Efavirenz AUC ↓ 26%, C_{max} ↓ 20% C_{min} ↓ 32%	Insufficient data are available to make a dosing recommendation for rifampicin in combination with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg Therefore co- administration of rifampicin and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended.
Rifabutin (300 mg q.d) / efavirenz	Rifabutin AUC ↓ 38% C_{max} ↓32% C_{min} ↓ 45%	Increase rifabutin dose by 50% if co-treating with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg .
ANTIFUNGALS		
Fluconazole (200 mg q.d.) / efavirenz (400 mg q.d.)	No clinically significant interaction	No dose adjustment is necessary for either medicinal product.
Itraconazole (200 mg b.i.d) / efavirenz (600 mg q.d.)	Itraconazole AUC_{ss} ↓ 39%, C_{max} ↓37% C_{min} ↓ 44% Hydroxyitraconazole AUC ↓ 37%, C_{max} ↓35% C_{min} ↓ 43%	Consider alternative antifungal agent, or use TDM if available.
Posaconazole (400 mg b.i.d.) / efavirenz (400 mg q.d.)	Posaconazole: AUC ↓50% C_{max} ↓ 45%	Concomitant use of posaconazole and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should be avoided.

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
Voriconazole (200 mg b.i.d) / efavirenz (400 mg q.d)	Voriconazole: AUC: ↓ 77% C_{max}: ↓ 61% Efavirenz: AUC: ↑ 44% C_{max}: ↑ 38% (competitive inhibition of oxidative metabolism)	Co-administration of Efavirenz and voriconazole at standard doses is contraindicated (see section 4.3). As dose reduction of efavirenz cannot be accommodated for with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg , these must not be co-administered with voriconazole.
ANTIMALARIALS		
Chloroquine **Mefloquine** **Proguanil** **Sulfadoxine** **Pyrimethamine** / efavirenz	No formal interaction studies available. Drug interactions and safety in coadministration with efavirenz has not been systematically evaluated; on a theoretical basis, clinically significant drug interactions with efavirenz are unlikely	
Amodiaquine/Artesunate (600/250 mg q.d.) / efavirenz	An interaction study (EFV at steady-state) was terminated after the first two subjects developed asymptomatic but significant hepatic enzyme elevations after a three-day course of amodiaquine. Amodiaquine AUC: ↑ 114 and 302% respectively.	Possibly increased hepatic toxicity. Co-administration of amodiaquine and Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should be avoided.
Quinine / efavirenz	No formal interaction study available. Quinine is extensively metabolised by CYP3A. Co-administration with efavirenz may decrease quinine exposure, and reduce the antimalarial effect.	If possible, an alternative agent to quinine should be used in co-treatment with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg .

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
Lumefantrine **Halofantrine /** efavirenz	No formal interaction studies available. These agents are metabolised by CYP3A; hence, co-treatment with efavirenz may decrease exposure.	Co-treatment with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg may decrease antimalarial efficacy. When co-treatingcaution is recommended.
Artemether/Lumefantrine/Efavirenz (20/120 mg tablet, 6 doses of 4 tablets each over 3 days/600 mg q.d.)	Artemether: AUC: ↓ 51% C_{max}: ↓ 21% Dihydroartemisinin (active metabolite): AUC: ↓ 46% C_{max}: ↓ 38% Lumefantrine: AUC: ↓ 21% C_{max}: ↔ Efavirenz: AUC: ↓ 17% C_{max}: ↔ (CYP3A4 induction)	Co-treatment with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg may decrease antimalarial efficacy. When co-treatingcaution is recommended.
Artemisinin and its derivatives / efavirenz	No formal interaction studies available. Artemisinin and its derivatives are transformed into active metabolites by CYP3A. Exposure may be decreased by efavirenz. Empirical data are lacking and possible clinical consequences are unknown.	
Atovaquone and proguanil Hydrochloride (250/100 mg single dose)/Efavirenz (600 mg q.d.)	Atovaquone: AUC: ↓ 75% C_{max}: ↓44% Proguanil: AUC: ↓43% C_{max}: ↔	Concomitant administration of atovaquone/proguanil with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should be avoided whenever possible.

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
ANTICONVULSANTS		
Carbamazepine (400 mg q.d) / efavirenz (600 mg q.d.)	Carbamazepine: AUC: ↓ 27% C_{max}: ↓ 20% C_{min}: ↓ 35% Efavirenz: AUC: ↓ 36% Cmax: ↓ 21% Cmin: ↓ 47% (decrease in carbamazepine concentrations: CYP3A4 induction; decrease in efavirenz concentrations: CYP3A4 and CYP2B6 induction)	Co-administration with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should be avoided unless plasma concentrationsof carbamazepine and efavirenz can be monitored.
Phenytoin, Phenobarbital, and other anticonvulsants that are substrates of CYP isozymes	No interaction study available. Possible reduction or increase in the plasma concentrations of phenytoin, phenobarbital and other anticonvulsants that are substrates of CYP isozymes with efavirenz.	Co-administration should be avoided unless plasma concentrations of the anticonvulsants and efavirenz can be monitored
Valproic acid (250 mg b.i.d) / efavirenz	No clinically significant effect on efavirenz pharmacokinetics. Limited data suggest there is no clinically significant effect on valproic acid pharmacokinetics.	Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and valproic acid can be co-administered without dose adjustment.

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
Vigabatrin, Gabapentin	Interaction not studied. Clinically significant interactions are not expected since vigabatrin and gabapentin are exclusively eliminated unchanged in the urine and are unlikely to compete for the same metabolic enzymes and elimination pathways as efavirenz.	Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and vigabatrin can be co-administered without dose adjustment.
ANTICOAGULANTS		
Warfarin / efavirenz **Acenocoumarol**/efavirenz	No interaction study available. Co-administration may decrease (and less likely increase) warfarin exposure.	Monitor INR. Dose adjustments of warfarin may be necessary.
ANTIDEPRESSANTS		
Selective Serotonin Reuptake Inhibitors (SSRIs)		
Sertraline/efavirenz (50 mg q.d./600 mg q.d.)	Sertraline: AUC: ↓ 39% C_{max}: ↓ 29% C_{min}: ↓ 46% Efavirenz: AUC: ↔ C_{max}: ↑ 11% C_{min}: ↔ (CYP3A4 induction)	When co-administered with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg ,sertraline dose increases should be guided by clinical response.
Paroxetine/efavirenz (20 mg q.d./600 mg q.d.)	Paroxetine: AUC: ↔ C_{max}: ↔ C_{min}: ↔ Efavirenz: AUC: ↔ C_{max}: ↔ C_{min}: ↔	Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and paroxetine can be co-administered without dose adjustment.

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
Fluoxetine/efavirenz	Interaction not studied. Since fluoxetine shares a similar metabolic profile with paroxetine, i.e. a strong CYP2D6 inhibitory effect, a similar lack of interaction would be expected for fluoxetine.	Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and fluoxetine can be co-administered without dose adjustment.
Norepinephrine and dopamine reuptake inhibitor		
Bupropion [150 mg single dose (sustained release)]/efavirenz	Bupropion: AUC: ↓55% C_{max}: ↓34% Hydroxybupropion: AUC: ↔ C_{max}: ↑50% (CYP2B6 induction)	Increases in bupropion dosage should be guided by clinical response, but the maximum recommended dose of bupropion should not be exceeded. No dose adjustment is necessary for efavirenz.
CARDIOVASCULAR AGENTS		
Calcium channel blockers		
Diltiazem (240 mg q.d.) / efavirenz (600 mg q.d.)	Diltiazem: AUC: ↓ 69% C_{max}: ↓ 60% C_{min}: ↓ 63% Desacetyl diltiazem: AUC: ↓75% C_{max}: ↓ 64% C_{min}: ↓ 62% N-monodesmethyl diltiazem: AUC: ↓37% C_{max}: ↓ 28% C_{min}: ↓ 37% Efavirenz: AUC: ↑ 11% C_{max}: ↑ 16% C_{min}: ↑ 13% (CYP3A4 induction) The increase in efavirenz pharmacokinetic parameters is not considered clinically significant.	Monitor the clinical effect of diltiazem and increase dose if necessary

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
Verapamil, felodipine, nifedipine, nicardipine / efavirenz	Interaction not studied. Exposure of a calcium channel blocker that is a substrate of CYP3A4 enzyme is likely to be lowered in co-treatment with efavirenz.	Monitor clinical effect and increase calcium channel blocker dose if necessary
LIPID LOWERING AGENTS		
HMG Co-A Reductase Inhibitors		
Atorvastatin (10 mg q.d) / efavirenz (600 mg q.d.)	Atorvastatin: AUC: ↓ 43% C_{max}: ↓ 12% 2-hydroxy atorvastatin: AUC: ↓ 35% C_{max}: ↓ 13% 4-hydroxy atorvastatin: AUC: ↓ 4% C_{max}: ↓ 47% Total active moiety: AUC: ↓ 34% C_{max}: ↓ 20%	Cholesterol levels should be periodically monitored and the dose of atorvastatin increased in case of insufficient efficacy.
Pravastatin (40 mg q.d.) / efavirenz (600 mg q.d.)	Pravastatin: AUC: ↓ 40% C_{max}: ↓ 18%	Cholesterol levels should be periodically monitored and the dose of pravastatin increased in case of insufficient efficacy.
Simvastatin 40 mg q.d.) / efavirenz (600 mg q.d.)	Simvastatin: AUC: ↓ 69% C_{max}: ↓ 76% Simvastatin acid: AUC: ↓ 58% C_{max}: ↓ 51% Total active moiety: AUC: ↓ 60% C_{max}: ↓ 62% (CYP3A4 induction) Co-administration of efavirenz with atorvastatin, pravastatin, or simvastatin did not affect efavirenz AUC or C_{max} values.	Cholesterol levels should be periodically monitored and the dose of simvastatin increased in case of insufficient efficacy.
Rosuvastatin / efavirenz (600 mg q.d.)	Interaction not studied. Rosuvastatin is largely excreted	Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg can be co-administered withrosuvastatin without dose

		adjustment.

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
	unchanged via the faeces; therefore metabolic drug interaction with efavirenz is not expected.	
HORMONAL CONTRACEPTIVES		
Ethinyloestradiol/norgestimate (0.035 mg + 0.25 mg q.d) / efavirenz (600 mg q.d.)	No change in ethinylestradiol exposure. Levonorgestrel AUC ↓ 83% C_{max}: ↓ 80% C_{min}: ↓ 86% (induction of metabolism) Norelgestromin AUC ↓ 64% C_{max}: ↓ 46% C_{min}: ↓ 82% (active metabolites). Efavirenz : no clinically significant interaction.	A reliable method of barrier contraception should be used in addition to oral contraceptives.
DMPA (150 mg i.m. single dose**) /** efavirenz (600 mg q.d.)	The pharmacokinetics and efficacy of DMPA was not altered due to co-treatment with efavirenz	Because of the limited information available, a reliable method of barrier contraception should be used in addition to hormonal contraception.
Levonorgestrel (implant) /efavirenz (600 mg q.d.)	A randomized, parallel group study showed that in HIV-infected women with LNG implants who were administered EFV as part of their ART LNG levels were reduced by 57% at 48 weeks. In addition, contraceptive failure was observed in 15% (3/20 subjects) in this group.	A reliable method of barrier contraception should be used in addition to hormonal contraception.
Etonogestrel (implant) / efavirenz (600 mg q.d.)	Interaction not studied. ↓ exposure of etonogestrel may be expected due to the	A reliable method of barrier contraception should be used in addition to hormonal contraception.

Medicinal products by therapeutic areas	Interaction	Recommendations concerning co-administration
	CYP3A induction of efavirenz. There have been occasional postmarketing reports of contraceptive failure with etonogestrel in efavirenz-exposed patients	
IMMUNOSUPPRESSANTS		
Immunosuppressants metabolised by CYP3A4 (e.g. cyclosporine, tacrolimus, sirolimus)/ efavirenz	Interaction not formally studied. ↓ exposure of these immunosuppressants may be expected (CYP3A4). These immunosuppressants are not anticipated to impact exposure of efavirenz.	Dose adjustments of the immunosuppressants may be needed. Close monitoring of immunosuppressant drug concentrations for at least 2 weeks (until steady-state concentrations are reached) is recommended when starting or stopping therapy with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg .
OPIOIDS		
Methadone / efavirenz (600 mg q.d.)	Methadone AUC ↓ 52% C_{max}: ↓ 45% (CYP3A4 induction) In a study of HIV infected intravenous drug users, co-administration of efavirenz with methadone resulted in decreased plasma levels of methadone and signs of opiate withdrawal. The methadone dose was increased by a mean of 22% to alleviate withdrawal symptoms.	Monitor for withdrawal symptoms and increase methadone dose if necessary.
Buprenorphine / efavirenz (600 mg q.d.)	Buprenorphine AUC ↓ 50%; norbuprenorphine AUC ↓ 71% Efavirenz : No clinically significant pharmacokinetic interaction.	Despite the decrease in buprenorphine exposure, no patients exhibited withdrawal symptoms. Dose adjustment of buprenorphine may not be necessary when co-administered with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg .

Studies conducted with other medicinal products

There were no clinically significant pharmacokinetic interactions when efavirenz was administered with azithromycin, cetirizine, fosamprenavir/ritonavir, lorazepam, zidovudine, aluminium/magnesium hydroxide antacids, famotidine or fluconazole. The potential for interactions with efavirenz and other azole antifungals, such as ketoconazole, has not been studied.

There were no clinically significant pharmacokinetic interactions when lamivudine was administered with stavudine, zidovudine or famciclovir.

There were no clinically significant pharmacokinetic interactions when tenofovir disoproxil was co-administered with emtricitabine or ribavirin.

4.6 Fertility, pregnancy and breastfeeding

Pregnancy

Efavirenz

Cases of neural tube defects in infants born to women with first trimester exposure have been reported. A systematic review and meta-analysis of observational cohorts found no increased risk of overall birth defects in over 2,000 pregnancy outcomes exposed to efavirenz compared with exposure to other antiretroviral drugs. However, risks to the fetus cannot be ruled out. The safety and efficacy of efavirenz 400 mg/day during pregnancy have not been established. Studies of efavirenz in animals have shown reproductive toxicity, including marked teratogenic effects (see section 5.3).

Tenofovir disoproxil and lamivudine

Animal studies do not indicate direct or indirect harmful effects of tenofovir disoproxil or lamuvidine with respect to reproductive toxicity (see section 5.3). Sufficient numbers of first trimester exposures have been monitored, however, to detect at least a twofold increase in the risk of overall birth defects. No increase in birth defects was seen (www.apregistry.com).

As the safety and efficacy of efavirenz 400 mg/day during pregnancy have not been established, the use of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg during pregnancy is not recommended.

Current recommendations on HIV and pregnancy (e.g. those from the WHO) should be consulted before advising patients on this matter.

Breast-feeding

Efavirenz, lamivudine and tenofovir have been shown to be excreted in human milk. There is insufficient information on the effects of efavirenz, lamivudine and tenofovir in newborns/infants. A risk to the suckling child cannot be excluded.

Current recommendations on HIV and breastfeeding (e.g. those from the WHO) should be consulted before advising patients on this matter. Preferred options may vary depending on the local circumstances.

Fertility

No clinical data on the effect of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg are available. Animal studies do not indicate harmfuleffects of efavirenz, lamivudine or tenofovir disoproxil on fertility (see section 5.3).

4.7 Effects on ability to drive and use machines

No studies on the effects on ability to drive and use machines have been performed. However, dizziness has been reported during treatment with efavirenz and tenofovir disoproxil. Efavirenz may also cause impaired concentration and/or somnolence. Patients should be instructed that if they experience these symptoms they should avoid potentially hazardous tasks such as driving and operating machinery.

4.8 Undesirable effects

The following adverse events have been reported in controlled clinical trials during treatment of HIV-1 infection with efavirenz, lamivudine and tenofovir disoproxil.

Severe skin reactions such as Stevens-Johnson syndrome and erythema multiforme, neuropsychiatric adverse reactions (including severe depression, death by suicide, psychosis-like behaviour, seizures); severe hepatic events; pancreatitis and lactic acidosis (sometimes fatal) have been reported.

Rare events of renal impairment, renal failure and proximal renal tubulopathy (including Fanconi syndrome) sometimes leading to bone abnormalities (infrequently contributing to fractures) have also been reported. Monitoring of renal function is recommended for patients receiving Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg (see section 4.4).

The administration of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg with food may increase efavirenz exposure and may lead to an increase in the frequency of adverse reactions (see section 5.2).

The adverse events considered at least possibly related to the treatment are listed below by body system, organ class and absolute frequency. Frequencies are defined as very common (≥1/10), common (≥1/100, <1/10), uncommon (≥1/1000, <1/100), rare (≥1/10,000, <1/1000), very rare (<1/10,000).

Metabolic and nutrition disorders

Very common:	hypophosphataemia
Common:	hypertriglyceridaemia
Uncommon:	hypokalaemia, hypercholesterolaemia
Rare:	lactic acidosis

Blood and lymphatic system disorders

Uncommon:	neutropentia, anaemia, thrombocytopenia
Very rare:	pure red cell aplasia

Vascular disorders

Uncommon:	flushing

Immune system disorders

Uncommon:	hypersensitivity

Nervous system disorders

Very common:	dizziness
Common:	abnormal dreams, insomnia, disturbance in attention, somnolence, cerebellar coordination and balance disturbances, headache
Uncommon:	agitation, amnesia, ataxia, abnormal coordination, confusional state, convulsions, abnormal thinking, tremor
Very rare:	peripheral neuropathy (or paraesthesia)
Frequency unknown	severe life-threatening encephalopathy

Psychiatric disorders

Common: abnormal dreams, anxiety, depression, insomnia

Uncommon:	affect lability, aggression, euphoric mood, hallucination, mania, paranoia, suicide attempt, suicide ideation, psychosis, catatonia
Rare:	neurosis*, delusion*, completed suicide*

Hepatobiliary disorders

Common:	elevation of liver enzymes
Uncommon:	acute hepatitis
Rare:	hepatic failure*, hepatic steatosis

Skin and subcutaneous tissue disorders

Very common:	rash
Common:	pruritus, hair loss
Uncommon:	erythema multiforme, angioedema, Stevens-Johnson syndrome
Rare:	photoallergic dermatitis

Musculoskeletal and connective tissue disorders

Uncommon:	rhabdomyolysis, muscular weakness, myalgia, arthralgia, myopathy
Rare:	osteomalacia (manifested as bone pain and infrequently contributing to fractures)*

Reproductive system and breast disorders

Uncommon:	gynaecomastia

Eye disorders

Uncommon:	blurred vision

Ear and labyrinth disorders

Uncommon:	vertigo, tinnitus

Respiratory, thoracic and mediastinal disorders:

Common:	cough, nasal symptom

Gastrointestinal disorders

Very common:	diarrhoea, vomiting, nausea
Common:	abdominal pain, abdominal distension, flatulence
Uncommon:	pancreatitis, elevated serum amylase

Renal and urinary disorders:

Uncommon:	increased creatinine, proximal renal tubulopathy including Fanconi syndrome proteinuria
Rare:	renal failure (acute and chronic), acute tubular necrosis, nephritis (including acute interstitial nephritis)*, nephrogenic diabetes insipidus

General disorders and administration site disorders

Very common:	asthenia
Common:	fatigue, malaise, fever
Not known:	immune reconstitution syndrome (see section 4.4)

* These adverse reactions were identified through post-marketing surveillance for either efavirenz, lamivudine or tenofovir disoproxil. The frequency category was estimated from a statistical calculation based on the total number of patients treated with any of the components of this fixed dose combination.

Description of selected adverse reactions

Rash

In clinical trials of efavirenz, rashes were usually mild-to-moderate maculopapular skin eruptions that occurred within the first two weeks of initiating therapy with efavirenz. In most patients, rash resolved with continuing therapy with efavirenz within one month. Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg can be reinitiated in patients interrupting therapy because of rash. Use of appropriate antihistamines and/or corticosteroids is recommended when treatment is restarted.

Renal impairment:

As Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg may cause renal damage, monitoring of renal function is recommended (see sections4.4). Proximal renal tubulopathy generally resolved or improved after discontinuation of therapy. However, in some patients, declines in creatinine clearance did not completely resolve despite discontinuation. Patientsat risk of renal impairment (such as patients with baseline renal risk factors, advanced HIV disease, or patients receiving concomitant nephrotoxic medications) are at increased risk of experiencing incomplete recovery of renal function (see section 4.4).

Renal tubulopathy

The following adverse reactions, listed under the body system headings above, may occur as a consequence of proximal renal tubulopathy due to tenofovir disoproxil: rhabdomyolysis, osteomalacia (manifested as bone pain and infrequently contributing to fractures), hypokalaemia, muscular weakness, myopathy and hypophosphataemia. These events are not considered to be causally associated with the use efavirenz, lamivudine and tenofovir disoproxil in the absence of proximal renal tubulopathy.

Psychiatric symptoms

Patients with a history of psychiatric disorders appear to be at greater risk of serious psychiatric adverse reactions.

Nervous system symptoms

Nervous system symptoms are common with efavirenz. In clinical controlled studies of efavirenz, nervous system symptoms of moderate to severe intensity were experienced by 19% (severe 2%) of patients, and 2% of patients discontinued therapy due to such symptoms. They usually begin during the first one or two days of efavirenz therapy and generally resolve after the first two to four weeks. They may occur more frequently when Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is taken concomitantly with meals possibly due to increased efavirenz plasma levels (see section 5.2). Dosing at bedtime seems to improve the tolerability of these symptoms (see section 4.2 and 4.4).

Delayed neurotoxicity, sometimes severe, has also been reported in patients receiving efavirenz (see section 4.4) and may require treatment with Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg to be stopped.

Hepatic failure with efavirenz

Hepatic failure, including cases in patients with no pre-existing hepatic disease or other identifiable risk factors, as reported post-marketing, were sometimes characterized by a fulminant course, progressing in some cases to transplantation or death.

Interaction with didanosine

Co-administration of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg and didanosine is not recommended as it results in a 40-60%increase in systemic exposure to didanosine that may increase the risk of didanosine-related adverse reactions (see section 4.5). Rarely, pancreatitis and lactic acidosis, sometimes fatal, have been reported.

Metabolic parameters

Weight and levels of blood lipids and glucose may increase during antiretroviral therapy (see section 4.4).

Immune Reactivation Syndrome

In HIV infected patients with severe immune deficiency at the time of initiation of CART, an inflammatory reaction to asymptomatic or residual opportunistic infections may arise. Autoimmune disorders (such as Graves' disease, autoimmune hepatitis) have also been reported; however, the reported time to onset is more variable and these events can occur many months after initiation of treatment (see section 4.4).

Osteonecrosis:

Cases of osteonecrosis have been reported, particularly in patients with generally acknowledged risk factors, advanced HIV disease or long-term exposure to CART. The frequency of this is unknown (see section 4.4).

Special populations

Paediatric patients

The adverse reactions observed in paediatric patients who received treatment with tenofovir disoproxil or lamivudine as single entities were consistent with those observed in clinical studies in adults.

Reductions in bone mineral density (BMD) have been reported with tenofovir disoproxil in paediatric patients. In HIV-infected adolescents, the BMD Z-scores in subjects who received tenofovir disoproxil were lower than those in subjects who received placebo. In HIV-infected children, the BMD Z-scores in subjects who switched to tenofovir disoproxil were lower than those in subjects who remained on regimens containing stavudine or zidovudine.

Elderly

The combination of efavirenz, lamivudine and tenofovir disoproxil has not been studied in patients over the age of 65. Caution should be exercised since elderly patients are more likely to have decreased renal function.

HIV/HBV or HCV co-infected patients:

Clinical studies included only a limited number of patients co-infected with HBV or HCV. The adverse reaction profile of efavirenz, emtricitabine‡ and tenofovir disoproxil in patients co-infected with HIV/HBVor HIV/HCV was similar to that observed in patients infected with HIV without coinfection.
However, as would be expected in this patient population, elevations in AST and ALT occurred more frequently than in the general HIV infected population.

Exacerbations of hepatitis after discontinuation of treatment

In HIV infected patients co-infected with HBV, clinical and laboratory evidence of hepatitis may occur after discontinuation of treatment (see section 4.4).

Reporting of suspected adverse reactions
Health care providers are asked to report adverse reactions that may be linked to a medicine, to the marketing authorisation holder, or, if available, to the national reporting system. Reports of suspected adverse reactions to a medicine are important for the monitoring of the medicine's benefits and risks.

4.9 Overdose
Symptoms

Some patients accidentally taking efavirenz 600 mg twice daily, have reported increased nervous system symptoms. One patient experienced involuntary muscle contractions.

No specific symptoms or signs have been identified following acute overdose with lamivudine, apart from those listed as undesirable effects.

Treatment

If overdose occurs the patient must be monitored for evidence of toxicity (see sections 4.8 and 5.3), and standard supportive treatment applied as necessary. Administration of activated charcoal may be used to aid removal of unabsorbed efavirenz. There is no specific antidote for overdose with efavirenz. Since efavirenz is highly protein bound, dialysis is unlikely to remove significant quantities of it from blood.

Because a negligible amount of lamivudine was removed via (4-hour) hemodialysis, continuous ambulatory peritoneal dialysis, and automated peritoneal dialysis, it is not known if continuous hemodialysis would provide clinical benefit in a lamivudine overdose event.

Approximately 10% of the tenofovir dose can be removed by haemodialysis; the median haemodialysis clearance of tenofovir disoproxil is 134 ml/minute. It is not known whether tenofovir can be removed by peritoneal dialysis.

5. PHARMACOLOGICAL PROPERTIES
5.1 Pharmacodynamic properties
Pharmacotherapeutic group:
Antivirals for treatment of HIV infections, combinations, ATC code: J05AR11

Mechanism of action and pharmacodynamic effects
Efavirenz is a non-nucleoside reverse transcriptase inhibitor (NNRTI) of HIV-1. Efavirenz binds directly to reverse transcriptase and blocks the RNA-dependent and DNA-dependent DNA polymerase activities by inducing a conformational change that causes a disruption of the enzyme's catalytic site. The activity of efavirenz does not compete with template or nucleoside triphosphates. HIV-2 reverse transcriptase and eukaryotic DNA polymerases (such as human DNA polymerases α, β, γ, or δ) are not inhibited by efavirenz.

Lamivudine, the negative enantiomer of 2'-deoxy-3'-thiacytidine, is a dideoxynucleoside analogue.

Tenofovir disoproxil is converted *in vivo* to tenofovir, a nucleoside monophosphate (nucleotide) analogue of adenosine monophosphate.

Lamivudine and tenofovir are phosphorylated by cellular enzymes to form lamivudine triphosphate and tenofovir diphosphate, respectively. Lamivudine triphosphate and tenofovir diphosphate competitively inhibit HIV-1 reverse transcriptase, resulting in DNA chain termination. Both substances are active against HIV-1 and HIV-2, as well as against hepatitis B virus.

The antiviral activity of lamivudine against HIV-1 was assessed in a number of cell lines including monocytes and PBMCs using standard susceptibility assays. EC 50 values were in the range of 0.003 to 15 microM against HIV-1 clades A-G and group O viruses.

The antiviral activity of tenofovir against laboratory and clinical isolates of HIV-1 was assessed in T lymphoblastoid cell lines, primary monocyte/macrophage cells and PBMCs. The EC50 values for tenofovir were in the range of 0.04-8.5 microM. Tenofovir displayed antiviral activity in cell culture against HIV-1 clades A, B, C, D, E, F, G, and O (EC50 values ranged from 0.5-2.2 microM).

Resistance
A large proportion of patients experiencing virological failure while receiving efavirenz will develop resistance to efavirenz. The main mutations occurring are K103N, G190S/A/E and Y188L; a single one of these mutations is sufficient to cause high-grade resistance. The cross resistance between efavirenz and nevirapine or delavirdine is extensive; therefore patients who have experienced virological failure with either of these drugs, are likely to harbour virus not susceptible to efavirenz, and vice versa. With an accumulating number of NNRTI mutations, the susceptibility to etravirine will also be compromised.

Due to the long half-life of efavirenz, a period of functional monotherapy with efavirenz may follow upon discontinuation of effective efavirenz-containing antiretroviral therapy. This may cause significant resistance, and compromise the efficacy of future efavirenz, nevirapine or delavirdine therapy (see section 4.4).

In many cases when a lamivudine-containing treatment regimen fails, the M184V mutation will be selected for at an early stage. M184V causes high-level resistance to lamivudine (>300-fold reduced susceptibility). Virus with M184V replicates less well than does wild type virus.

In-vitro data tend to suggest that the continuation of lamivudine in an antiretroviral regimen despite the development of M184V might provide residual anti-retroviral activity (likely through impaired viral fitness). The clinical relevance of these findings is not established.

Cross-resistance conferred by the M184V mutation is limited within the nucleoside/nucleotide inhibitor class of anti-retroviral agents. M184V confers full cross-resistance against emtricitabine. Zidovudine and stavudine maintain their antiretroviral activities against lamivudine-resistant HIV-1. Abacavir maintains its antiretroviral activities against lamivudine-resistant HIV-1 harbouring only the M184V mutation. The M184V mutant shows a <4-fold decrease in susceptibility to didanosine; the clinical significance of this is unknown.

The K65R mutation is selected *in vitro* when HIV-1 is cultured in the presence of increasing tenofovir concentrations. It may also emerge *in vivo* upon virological failure of a treatment regimen including tenofovir. K65R reduces tenofovir susceptibility *in vitro* approximately 2-fold, and has been associated with a lack of response to tenofovir-containing regimens. The K65R mutation can also be selected by abacavir or didanosine and results in reduced susceptibility to these agents plus lamivudine, emtricitabine and tenofovir. The K65R mutation remains fully susceptible to efavirenz. In addition, a K70E substitution in HIV-1 RT has been selected by tenofovir and results in low-level reduced susceptibility to abacavir, emtricitabine, lamivudine and tenofovir.

Patients whose HIV expressed 3 or more TAMs that included either the M41L or L210W mutation showed reduced response to tenofovir.

Clinical results:
Several clinical studies have confirmed the efficacy of the individual components of this fixed dose combination product. Efavirenz, lamivudine and tenofovir disoproxil were used as single entities in different combination regimens. No clinical studies have been conducted with the combination efavirenz, lamivudine, tenofovir disoproxil.

When tenofovir disoproxil and lamivudine were combined with efavirenz in treatment-naïve patients with HIV-1, the proportion of patients (ITT) with HIV-RNA <50 copies/ml were 79% and 68% at 48 and 144 weeks, respectively.

No specific studies with the combination efavirenz, lamivudine and tenofovir disoproxil have been conducted in adolescents.

5.2 Pharmacokinetic properties

Absorption of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg

The absorption characteristics of Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg have been determined after administration of one (1)efavirenz/lamivudine/tenofovir disoproxil fumarate 600 mg / 300 mg / 300 mg tablet in healthy volunteers, in the fasted state, as follows:

Pharmacokinetic variable	Arithmetic mean value (± standard deviation)		
	Efavirenz	**Lamivudine**	**Tenofovir**
Maximum concentration (Cmax)	3112 (± 752) ng/mL	2865 ± 747 ng/mL	336 ± 82 ng·h/mL
Area under the curve (AUC0–∞), a measure of the extent of absorption	61667 ± 16044 ng·h/mL*	13312 ± 3000 ng·h/mL	2688 ± 694 ng·h/mL
Time to attain maximum concentration (Tmax)	3.71 ± 1.24 h	1.38 ± 0.50 h	1.02 ± 0.30 h

* AUC_{0-72h}

Pharmacokinetics of Efavirenz, Lamivudine and Tenofovir disoproxil

<table>
<tr><th></th><th>Efavirenz</th><th>Lamivudine</th><th>Tenofovir disoproxil</th></tr>
<tr><td>General</td><td>NA</td><td>NA</td><td>Tenofovir disoproxil is a water-soluble ester prodrug, which is rapidly converted in vivo to tenofovir. Tenofovir is converted intracellularly to tenofovir monophosphate and to the active component, tenofovir diphosphate.</td></tr>
<tr><td colspan="4">Absorption</td></tr>
<tr><td>Absolute bioavailability</td><td>NA</td><td>NA</td><td>NA</td></tr>
<tr><td>Oral bioavailability</td><td>40% to 45%</td><td>80-85%</td><td>25% in fasted patients</td></tr>
<tr><td>Food effect</td><td><table><tr><td></td><td>$AUC_{(0-\infty)}$</td><td>C_{max}</td></tr><tr><td>High fat:</td><td>28%↑</td><td>79%↑</td></tr></table>Food increases absorption</td><td>Co-administration of lamivudine with food results in a delay of T_{max} and a lower C_{max} (decreased by 47%). However, the extent (based on the AUC) of lamivudine absorbed is not influenced.</td><td><table><tr><td></td><td>$AUC_{(0-\infty)}$</td><td>C_{max}</td><td>T_{max}</td></tr><tr><td>Light meal</td><td>No significant effect</td><td>No significant effect</td><td>No significant effect</td></tr><tr><td>High fat:</td><td>40%↑</td><td>14%↑</td><td>1h↑</td></tr></table>High fat meal increased oral bioavailability</td></tr>
<tr><td colspan="4">Distribution</td></tr>
<tr><td>Volume of distribution (mean)</td><td>NA</td><td>After IV admin 1.3 L/kg</td><td>800 mL/kg</td></tr>
</table>

Plasma proteinbinding *in vitro*	99% (predominantly to albumin)	< 36%	< 0.7% (serum protein binding < 7.2%)
Tissue distribution	CSF: mean cerebrospinal fluid concentrations 0.69% of the corresponding plasma concentration for 1 month treatment	mean CSF:serum ratio=0.12. The true extent of penetration or relationship with any clinical efficacy is unknown.	Well distributed, with highest concentrations in kidney and liver.
Metabolism			
	hepatic metabolism metabolised by the cytochrome P450 system to hydroxylated metabolites followed by glucuronidation	Only minor route (< 10%)	*In vitro* studies have determined that neither tenofovir disoproxil nor tenofovir is a substrate for the CYP450 enzymes
Active metabolite(s)	None	None	Tenofovir
Elimination			
Elimination half life	52 hrs after single dose and 40 – 55 hrs after multiple doses. Individuals with certain mutant CYP2B6 genotypes have a substantially prolonged terminal half life	5 to 7 hrs lamivudine triphosphate: 16 to 19 hrs in the cell	12 to 18 hrs. Tenofovir diphosphate: 10 hrs in intracellular activated resting peripheral blood mononuclear cells and 50 hrs in resting peripheral blood mononuclear cells
Mean systemic clearance (Cl/F)	NA	Averaged 0.32 L/h/kg	0.23 L/h/kg
% of dose excreted in urine	14 - 34% recovered in urine and < 1% excreted unchanged	Predominantly cleared unchanged by renal excretion.	70-80% as unchanged drug
% of dose excreted in faeces	NA	NA	NA
Pharmacokinetic linearity	In HV, less than dose proportional increase (dose range 100 – 1600 mg). In HIV infected patients, linear steady state pharmacokinetics (dose range 200 – 600 mg/day)	Linear pharmacokinetics	Linear pharmacokinetics (dose range 75 to 600 mg)
Drug interactions *(in vitro*)			

Transporters	NA	Substrate for OCT	Substrate of hOAT 1, hOAT3 and MRP 4
Metabolising Enzymes	CYP3A4 and CYP2B6 are the major isoenzymes responsible for efavirenz metabolism. Induces CYP3A4, CYP2B6 and UGT1A1 and possibly CYP2C19 and CYP2C9, although for CYP2C19 and 2C19 also inhibition is observed. Inhibits in vitro CYP3A4.	No CYP3A substrate	No significant inhibition ofCYP3A4, CYP2D6, CYP2C9, CYP2E1, or CYP1A1/2

NA = Not available

Pharmacokinetics in special populations

Age and gender

Tenofovir exposure achieved in adolescent patients receiving oral daily doses of tenofovir disoproxil 245 mg was similar to exposures achieved in adults receiving once-daily doses of tenofovir disoproxil 245 mg.

Pharmacokinetic studies have not been performed in children or in the elderly (over 65 years) (see section 4.2).

There are no significant or clinically relevant gender differences in the pharmacokinetics of lamivudine and tenofovir. Limited data suggest that females may have higher exposure to efavirenz but they do not appear to be less tolerant of efavirenz.

Ethnicity

There is no evidence that a dose adjustment of efavirenz, tenofovir disoproxil or lamivudine would be required based on the effects of ethnicity on PK parameters.

Renal impairment

The pharmacokinetics of efavirenz have not been studied in patients with renal impairment. However, less than 1% of an efavirenz dose is excreted unchanged in the urine, so the impact of renal impairment on exposure to efavirenz is likely to be minimal.

Pharmacokinetic parameters were determined following administration of single doses of the individual preparations of lamivudine 300 mg or tenofovir disoproxil 245 mg to non-HIV infected patients with varying degrees of renal impairment.

Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg is not recommended for patients with moderate or severe renal impairment (creatinine clearance < 50 mL/min). Patients with moderate or severe renal impairment require dose interval adjustmentof lamivudine and tenofovir disoproxil that cannot be achieved with the combination tablet (see sections 4.2and 4.4).

Hepatic impairment

Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg should be administered with caution to patients with mild hepatic impairment (seesections 4.3 and 4.4).

Efavirenz/Lamivudine/Tenofovir Disoproxil Fumarate 600mg/300mg/300mg must not be used in patients with severe hepatic impairment (see section 4.3) and is notrecommended for patients with moderate hepatic impairment. In a single-dose study of efavirenz, half-life was doubled in the single patient with severe hepatic impairment (Child-PughTurcotte Class C), indicating apotential for a much greater degree of accumulation. A multiple-dose study of efavirenz showed no significant effect on efavirenz pharmacokinetics in patients with mild hepatic impairment (Child-Pugh- Turcotte Class A) compared with controls. There were insufficient data to determine whether moderate or severe hepatic impairment (Child-Pugh-Turcotte Class B or C) affects efavirenz pharmacokinetics.

The pharmacokinetic parameters of lamivudine were not altered by diminishing hepatic function. Safety and efficacy of lamivudine have not been established in the presence of decompensated liver disease.

The pharmacokinetics of tenofovir following a 245 mg single dose of tenofovir disoproxil have been studied in non-HIV infected subjects with moderate to severe (ChildPugh B to C) hepatic impairment. There were no substantial alterations in tenofovir pharmacokinetics in subjects with hepatic impairment compared with unimpaired subjects.

5.3 Preclinical safety data

Efavirenz

Preclinical data revealed no special hazard for humans other than those observed in clinical studies based on conventional studies of safety, pharmacology, repeated dose toxicity, and genotoxicity. In reproductive toxicology studies, malformations were observed in 3 of 20 foetuses/newborns from efavirenz-treated cynomolgus monkeys given doses resulting in plasma efavirenz concentrations similar to those seen in humans. Carcinogenicity studies showed an increased incidence of hepatic and pulmonary tumors in female mice, but not in male mice.

Lamivudine

Non-clinical data on lamivudine reveal no special hazard for humans based on conventional studies of safety pharmacology, repeated-dose toxicity, carcinogenic potential and toxicity to reproduction and development. Lamivudine was not mutagenic in bacterial tests, but showed activity in an *in vitro* cytogenetic assay and the mouse lymphoma assay. Lamivudine was not genotoxic *in vitro* at doses that gave plasma concentrations around 40-50 times higher than the anticipated clinical plasma levels. Based on the totality of the available data it is concluded that lamivudine should not represent a genotoxic hazard to patients undergoing treatment.

Tenofovir

Preclinical studies conducted in rats, dogs and monkeys revealed target organ effects in gastrointestinal tract, kidney, bone and a decrease in serum phosphate concentration. Bone toxicity was diagnosed as osteomalacia (monkeys) and reduced bone mineral density (rats and dogs). Findings in the rat and monkey studies indicated that there was a substance-related decrease in intestinal absorption of phosphate with potential secondary reduction in bone mineral density. However, no conclusion could be drawn on the mechanism(s) underlying these toxicities.

Reproductive studies were conducted in rats and rabbits. There were no effects on mating or fertility parameters or on any pregnancy or foetal parameter. There were no gross foetal alterations of soft or skeletal tissues. Tenofovir disoproxil reduced the viability index and weight of pups in peripost natal toxicity studies.

Genotoxicity studies have shown that tenofovir disoproxil was negative in the in vivo mouse bone marrow micronucleus assay but was positive for inducing forward mutations in the in vitro L5178Y mouse lymphoma cell assay in the presence or absence of S9 metabolic activation. Tenofovir disoproxil was positive in the Ames test (strain TA 1535) in two out of three studies, once in the presence of S9 mix (6.2- to 6.8-fold increase) and once without S9 mix. Tenofovir disoproxil was also weakly positive in an in vivo / in vitro unscheduled DNA synthesis test in primary rat hepatocytes.

Tenofovir disoproxil did not show any carcinogenic potential in a long-term oral carcinogenicity study in rats. A long-term oral carcinogenicity study in mice showed a low incidence of duodenal tumours, considered likely related to high local concentrations of tenofovir disoproxil in the gastrointestinal tract at a dose of 600 mg/kg/day. While the mechanism of tumour formation is uncertain, the findings are unlikely to be of relevance to humans.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Core tablet

Croscarmellose sodium

Hydroxypropylcellulose

Lactose
Magnesium stearate
Microcrystalline cellulose
Pregelatinized starch
Sodium lauryl sulphate
Iron oxide yellow

Film coat
Hypromellose
Polyvinyl alcohol – part hydrolysed
Talc
Titanium dioxide
Macrogol /PEG
Lecithin (soya)
Iron oxide yellow

6.2 Incompatibilities
Not applicable.

6.3 Shelf life
24 months

6.4 Special precautions for storage
Do not store above 30°C.

6.5 Nature and contents of container
HDPE bottle with a non-child resistant cap, containing 3 x 1 gm silica gel bag or 1 x 3 gm silica gel bag.
Pack size: 30 tablets.

6.6 Special precautions for disposal and other handling
No special requirements.
Any unused product or waste material should be disposed of in accordance with local requirements.

7. SUPPLIER & MANUFACTURER
Cipla Quality Chemical Industries Limited
Plot 1-7,1st Ring Road, Luzira Industrial Park
P.O Box 34871
Kampala-Uganda

Tel. No.: +256-312-3411
E-mail: info@ciplaqcil.co.ug

8. WHO REFERENCE NUMBER (WHO Prequalification Programme)
HA593

9. DATE OF PREQUALIFICATION
16 April 2015

10. DATE OF REVISION OF THE TEXT
March 2023

References

General reference sources for this SmPC include

Consolidated guidelines on HIV prevention, testing, treatment, service delivery and monitoring. World Health Organization 2021, available at https://www.who.int/publications/i/item/9789240031593

European SmPC, Atripla, available at:
http://www.ema.europa.eu/docs/en_GB/document_library/EPAR_-_Product_Information/human/000797/WC500028102.pdf

FDA label, Symfi, available at:
https://www.accessdata.fda.gov/drugsatfda_docs/label/2019/022142s037lbl.pdf

European SmPC, Sustiva, available at:
http://www.ema.europa.eu/docs/en_GB/document_library/EPAR_-_Product_Information/human/000249/WC500058311.pdf

European SmPC, Epivir, available at:
http://www.ema.europa.eu/docs/en_GB/document_library/EPAR_-_Product_Information/human/000107/WC500027572.pdf

European SmPC, Viread, available at:
http://www.ema.europa.eu/docs/en_GB/document_library/EPAR_-_Product_Information/human/000419/WC500051737.pdf

Further references relevant to sections of the SmPC include:

Sections 4.4 & 4.8

Raines C, Radcliffe O, Treisman GJ. Neurologic and psychiatric complications of antiretroviral agents. J Assoc Nurses AIDS Care; 2005;16:35-48.

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Sarma GRK, Delon Dsouza, Savitha Sebastian1, Priyanka Prakash1. Efavirenz-Induced Delayed Onset Cerebellar Ataxia and Encephalopathy. Annals of Indian Academy of Neurology, Volume 25, Issue 1.

Section 4.5

K.K. Scarsi, et al. Clin Infect Dis. (2016) 62 (6): 675-682 doi:10.1093/cid/civ1001

Weblinks accessed November 2022.

Detailed information on this medicine is available on the World Health Organization (WHO) website: https://extranet.who.int/pqweb/medicines

WHO-PQ RECOMMENDED PATIENT INFORMATION LEAFLET

This patient information leaflet focuses on uses of the medicine covered by WHO's Prequalification Team - Medicines. The recommendations for use are based on WHO guidelines and on information from stringent regulatory authorities.[*]

The medicine may be authorised for additional or different uses by national medicines regulatory authorities.

[*] https://extranet.who.int/pqweb/sites/default/files/documents/75%20SRA%20clarification_Feb2017_newtempl.pdf

Information for the patient

Efavirenz/Lamivudine/Tenofovir

disoproxil fumarate 600/300/300 mg

tablets

Efavirenz/lamivudine/tenofovir disoproxil fumarate

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have questions about the medicine, ask your health care provider.
- This medicine is for you only. Do not pass it on to others. It may harm them, even if their illness seems to be the same as yours..
- If you are concerned about any side effects, talk to your health care provider. This includes unwanted effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets is and what it is used for

Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets is a combination of three antiviral medicines used to treat Human ImmunodeficiencyVirus (HIV) infection in adults and adolescents weighing at least 35 kg. Antiviral medicines used for HIVinfection are known as antiretrovirals.

Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets contains the active substances:

- efavirenz, a non-nucleoside reverse transcriptase inhibitor
- lamivudine, a nucleoside reverse transcriptase inhibitor
- tenofovir disoproxil, a nucleotide reverse transcriptase inhibitor

These substances block an enzyme (reverse transcriptase) that is used by HIV for making copies of itself. By doing so, they prevent the reproduction of the virus.

Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets is not a cure for your HIV infection, but if taken correctly it will improve your immunesystem and reduce the risk of developing illnesses linked to HIV infection.

2. What you need to know before you take

Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300

mg tabletsDo not take Efavirenz/Lamivudine/Tenofovir disoproxil

fumarate 600/300/300 mg tablets if:

- you are allergic (hypersensitive) to efavirenz, lamivudine, tenofovir disoproxil or any of the other ingredients of Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets

listed at the end of this leaflet (section 6).
- you have severe liver disease
- you have a heart condition, such as changes in the rhythm or rate of the heartbeat, a slow heartbeat, or severe heart disease.

† Trade names are not prequalified by WHO. This is the national medicines regulatory agency's responsibility.

- any member of your family (parents, grandparents, brothers or sisters) has died suddenly due to a heart problem or was born with heart problems.
- your health care provider has told you that you have high or low levels of electrolytes such as potassium or magnesium in your blood.
- you are currently taking any of the following medicines:
  - **astemizole** or **terfenadine** (used to treat hay fever or other allergies)
  - **bepridil** (used to treat heart disease)
  - **cisapride** (used to treat heartburn)
  - **ergot alkaloids,** for example, ergotamine, dihydroergotamine, ergonovine, and methylergonovine (used to treat migraines and cluster headaches)
  - **midazolam** or **triazolam** (used to help you sleep)
  - **pimozide** (used to treat certain mental conditions)
  - **tenofovir alafenamide**
  - **voriconazole** (a drug used against fungal infections)
  - **dasabuvir + ombitasvir/paritaprevir/ritonavir** or **elbasvir/grazoprevir** (combinations of medicines used to treat infection with hepatitis C virus)
  - **St. John´s wort** (*Hypericum perforatum*, a herbal remedy used for depression and anxiety).

If this applies to you, tell your health care provider immediately. Taking these medicines with Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets could cause serious or life-threatening side effects or stop these medicines from working properly.

Take special care with Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets:

Talk to your health care provider before taking Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets.

You will need to take this medicine every day. It helps to control your condition, but it is not a cure for HIV infection. You may continue to develop other infections and other illnesses associated with HIV disease.

You should keep in regular contact with your health care provider. Do not stop taking your medicine without first talking to your health care provider.

Tell your health care provider if you:

- **are taking other medicines** that contain efavirenz, lamivudine, tenofovir disoproxil, or emtricitabine, adefovir dipivoxil or tenofovir alafenamide. Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets should not be taken with any of thesemedicines.
- **have or have had kidney disease**, or if tests have shown problems with your kidneys. This medicine may affect your kidneys. Before starting this medicine, you may need blood tests to check how well your kidneys are working. Blood tests may also be required during treatment to check the health of your kidneys.
- **have a history of mental illness**, including depression, or of substance or alcohol abuse. Tell your health care provider immediately if you feel depressed, have suicidal thoughts or have strange thoughts (see section 4, *Possible side effects*).
- **have a history of convulsions (fits or seizures)** or if you are being treated with anticonvulsant therapy such as carbamazepine, phenobarbital and phenytoin. If you are taking any of these medicines, your health care provider may need to check the level of anticonvulsant medicine in your blood to ensure that it is not affected while taking Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets.
- **have a history of liver disease, including chronic active hepatitis.** Patients with liver disease including chronic hepatitis B or C, who are treated with combination antiretrovirals, have a higher risk of severe and potentially life-threatening liver problems. Your healthcare provider may conduct blood tests in order to check how well your liver is working or may switch you to another medicine. If you have severe liver disease, do not take Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets.
- **have hepatitis B infection,** your health care provider will carefully consider the best treatment regimen

for you. Your health care provider may conduct blood tests to check how well your liver is working.

Tenofovir disoproxil and lamivudine, two of the active substances in Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets, show some activity against hepatitis B virus. Symptoms of your hepatitis may become worse after discontinuation ofEfavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets. Your healthcare provider may then conduct blood tests at regular intervals in orderto check how well your liver is working (see section 3, if you stop taking Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets).

- **are over 65.** Insufficient numbers of patients over 65 years of age have been studied. If you are over 65 years of age and are prescribed Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets, your healthcare provider will monitor you carefully.

Once you start taking Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets, look out for:

- **signs of dizziness, difficulty sleeping, drowsiness, difficulty concentrating or abnormal dreaming.** These side effects may start in the first 1 or 2 days of treatment and usually go away after the first 2 to 4 weeks.
  If at any time during treatment you get problems with your balance or coordination, become confused or drowsy and unresponsive, get seizures (fits or convulsions), your speech becomes slurred or confused or you develop personality changes, you or someone close to you must let your health care provider know right away.
- **any signs of skin rash.** Rashes may be caused Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets. If you see any signs of a severe rashwith blistering or fever, stop taking this medicine and tell your health care provider at once. If you had a rash while taking another non-nucleoside reverse transcriptase inhibitor (NNRTI), you may be at higher risk of getting a rash with Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets.
- **any signs of inflammation or infection.** In some patients with advanced HIV infection (AIDS) and a history of AIDS-associated (opportunistic) infection, signs and symptoms of inflammation from such previous infections may occur soon after anti-HIV treatment is started. It is believed that these symptoms are due to improvement in the body's immune response, enabling the body to fight infections that may have been present with no obvious symptoms. If you notice any symptoms of infection, please tell your health care provider at once.

  In addition, autoimmune disorders (a condition that occurs when the immune system attacks healthy body tissue) may occur after you start taking medicines for the treatment of your HIV infection. These may occur many months after the start of treatment. If you notice any symptoms of infection or other symptoms such as muscle weakness, weakness beginning in the hands and feet and moving up towards the trunk of the body, irregular heartbeats, trembling or shaking, or hyperactivity, please inform your health care provider at once.
- **any signs of bone problems.** Some patients taking combination antiretroviral therapy may develop a bone disease called osteonecrosis (death of bone tissue caused by loss of blood supply to the bone). The duration of antiretroviral therapy, use of a corticosteroid such as dexamethasone or prednisolone, alcohol consumption, severe suppression of the immune system, and being overweight are some of the risk factors for developing this disease. Signs of osteonecrosis are joint stiffness, aches and pains (especially of the hip, knee and shoulder) and difficulty in movement. If you notice any of these, tell your health care provider.

  Bone problems (sometimes resulting in fractures) may also occur due to damage to the kidney cells (see section 4, *Possible side effects*).

  The growth of bone could be affected when adolescents that are not fully grown use Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets.If you are an adolescent, your health care provider may check your growth and may take precautionary measures.

Taking other medicines and Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300mg tablets

You must not take Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets with certain

medicines. They include some common medicines andsome herbal preparations (including St. John's wort) which can cause serious interactions (see **Do not take Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets**).

Tell your health care provider if you are taking, have recently taken, or might take any other medicines, including medicines obtained without a prescription.

Tell your health care provider if you are taking other medicines that may damage your kidneys. These include:

- aminoglycosides or vancomycin (medicines for bacterial infections)
- amphotericin B or pentamidine (medicines for fungal infections)
- foscarnet, ganciclovir, or cidofovir (medicines for viral infections)
- tacrolimus (for suppression of the immune system)
- interleukin-2 (used to treat cancer)
- non-steroidal anti-inflammatory drugs (NSAIDs, to relieve bone or muscle pains)

Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets may interact with other medicines, including herbal preparations. As a result, the amounts of Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets or other medicines in your blood may be affected. This may stop yourmedicines from working properly or may make any side effects worse. In some cases, your health careprovider may need to adjust your dose or check your blood levels.

It is important to tell your health care provider if you are taking any of the following:

- **Medicines containing didanosine (for HIV infection):** Taking Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets with medicinesthat contain didanosine can raise the levels of didanosine in your blood. Rarely, inflammation of the pancreas and lactic acidosis (excess lactic acid in the blood), which sometimes caused death, has been reported when medicines containing tenofovir disoproxil and didanosine were taken together.
  Your health care provider will carefully consider whether to treat you with medicines containing tenofovir and didanosine.
- Other medicines used for HIV infection: **atazanavir, darunavir, etravirine, indinavir,lopinavir, maraviroc, nevirapine, ritonavir, saquinavir and tipranavir**
- **Boceprevir, daclatasvir, ledipasvir, simeprevir, sofosbuvir/velpatasvir, sofosbuvir/velpatasvir/voxilaprevir, and telaprevir**, used to treat infection with the hepatitis C virus
- **Clarithromycin, rifabutin, rifampicin**, used to treat bacterial infections, including tuberculosis and AIDS-related mycobacterium avium complex.
- **Itraconazole or posaconazole** (antifungals), used to treat fungal infections.
- **Atovaquone/proguanil, artemether/lumefantrine, amodiaquine/artesunate, quinine, halofantrine, artemisinins**, used to treat malaria.
- **Atorvastatin, pravastatin, simvastatin** (statins)**,** used to lower blood fats
- **Carbamazepine, phenytoin, phenobarbital** (anticonvulsants), used to treat convulsions/seizures.
- **Hormonal contraceptive, such as birth control pills, an injected contraceptive, or a contraceptive implant:** Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets may make hormonal contraceptives less likely to work. You must, therefore, also use a reliable barrier method of contraception (e.g. condoms), if youare taking this medicine.
- **Methadone, buprenorphine**, used for severe pain or opiate addiction.
- **Sertraline,** used to treat depression.
- **Bupropion**, used to treat depression or to help you stop smoking.
- **Diltiazem**, **verapamil**, **felodipine**, **nifedipine**, **nicardipine** (calcium channel blockers), used to treat high blood pressure and conditions related to the heart.
- **Tacrolimus**, **cyclosporine**, **sirolimus** (immunosuppressants), used to prevent organ transplant rejection.
- **Warfarin or acenocoumarol**, used to reduce clotting of the blood.
- **Ginkgo biloba extracts** (herbal preparation).

Pregnancy and breast-feeding

Tell your health care provider if you are pregnant or trying to become pregnant. Your health care provider can explain the risks and benefits of your therapy to you and your child.

If you are interested in breastfeeding your baby, you should discuss the risks and benefits with your healthcare provider.

Driving and using machines
Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets may cause dizziness, impaired concentration, and drowsiness. If it affects you in thisway do not drive, operate machinery or do anything that requires you to be alert.

Other ingredients of Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets
Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets contains 43 mg **sodium** (main component of cooking/table salt) in each tablet. This isequivalent to about 2% of the recommended maximum daily dietary intake of sodium for an adult.

Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets also contains small amounts of **lactose.** Lactose is a source of glucose and galactose. The small amount of lactose in each dose is unlikely to cause symptoms of lactose intolerance. If, however, you have one of the rare genetic disorders galactosaemia, glucose-galactose intolerance or congenital lactasedeficiency you must talk to your health care provider before taking this medicine.

3. How to take Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets

Always take this medicine exactly as your health care provider has told you. Check with your health care provider if you are not sure.

Always take the dose recommended by your health care provider. Do not change the dose unless your health care provider tells you to.

The recommended dose is:
One tablet taken each day by mouth. Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets should be taken on an empty stomach (1 hour before or 2 hours after a meal). It may help to take the tablet at bedtime, as this can make some side effects (for example, dizziness, drowsiness) less troublesome. The tablet should be taken with water and swallowedwhole.

Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets must be taken every day.

Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets should not be used by patients weighing less than 35 kg.

If your health care provider decides to stop, or change the dose of, one of the components of Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets, you may be given efavirenz, lamivudine and/or tenofovir separately or with other medicines for thetreatment of HIV infection.

If you take more Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets than you should:
If you accidentally take too many Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets, you may be at increased risk of experiencing possible side effects with this medicine (see section 4, *Possible side effects*). Contact your health care provider or the nearest emergency department for advice. Take the tablet container with you so that you caneasily describe what you have taken.

If you forget to take Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets:
It is important not to miss a dose.
If you do miss a dose within 12 hours of when it is usually taken, take it as soon as you can, and then take your next dose at its regular time.
If it is almost time (less than 12 hours) for your next dose anyway, do not take the missed dose. Wait and take the next dose at the regular time. Do not take a double dose to make up for a forgotten tablet.
If you throw up within 1 hour of taking Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets, you should take another tablet. Do not waituntil your next dose is due. You do not need to take another tablet if you threw up more than an hour after taking Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets.

If you stop taking Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets:
Don't stop taking this medicine without talking to your health care provider. Stopping this medicine can seriously affect your response to future treatment. If Efavirenz/Lamivudine/Tenofovir disoproxil fumarate

600/300/300 mg tablets is stopped, speak to your health care provider before you restart taking these tablets. Your health care provider may consider giving you the components of Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets separately if you are having problems or need your dose adjusted.

When your supply of Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets starts to run low, get more from your health care provider. This is very important because the amount of virus may start to increase if the medicine is stopped for even ashort time. The virus may then become harder to treat.

If you have both HIV infection and hepatitis B, it is especially important not to stop your Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets treatment without talking to your health care provider first. Some patients have had blood tests or symptoms indicating that their hepatitis got worse after stopping treatment. Your health care provider may recommend that you resume hepatitis B treatment if you stop Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets treatment. You may require blood tests to check how your liver is working for 4 months after stopping treatment. In some patients with advanced liver disease or cirrhosis, stopping treatment is not recommended as this may lead toworsening of your hepatitis, which may be life-threatening.

Tell your health care provider immediately about new or unusual symptoms after you stop treatment, particularly symptoms you associate with hepatitis B infection.

If you have any further questions on the use of this product, ask your health care provider.

4. Possible side effects

During HIV therapy there may be an increase in weight and in levels of blood lipids and glucose. This is partly linked to restored health and life style, and in the case of blood lipids sometimes to the HIV medicines themselves. Your health care provider will test for these changes.

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Possible serious side effects:
Lactic acidosis (excess lactic acid in the blood) is a **rare**, but serious side effect that can be life-threatening. If you get any of the following symptoms, **tell your health care provider immediately**:

- deep rapid breathing
- drowsiness
- feeling sick (nausea), being sick (vomiting) and stomach pain.

Other potentially serious side effects:
If you think that you may have any of these serious side effects, talk to your health care provider.

The following side effects are **uncommon** (these may affect up to 1 in every 100 patients):

- allergic reaction (hypersensitivity) that may cause severe skin reactions (Stevens-Johnson syndrome, erythema multiforme, see section 2)
- swelling of the face, lips, tongue or throat
- angry behaviour, suicidal thoughts, strange thoughts, paranoia, unable to think clearly, mood being affected, seeing or hearing things that are not really there (hallucinations), suicide attempts, personality change (psychosis)
- pain in the abdomen (stomach), caused by inflammation of the pancreas
- forgetfulness, confusion, fitting (seizures), incoherent speech, tremor (shaking)
- yellow skin or eyes, itching, or pain in the abdomen (stomach) caused by inflammation of the liver
- damage to kidney tubules

Psychiatric side effects in addition to those listed above include delusions (false beliefs), neurosis. Some patients have committed suicide. These problems tend to occur more often in those who have a history of mental illness. Always notify your health care provider immediately if you have these symptoms.

Side effects to the liver: If you are also infected with hepatitis B virus, you may experience a worsening of hepatitis after stopping treatment (see section 3 *How to take* Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets).

The following side effects are **rare** (these may affect up to 1 in every 1000 patients):

- back pain caused by kidney problems, including kidney failure. Your health care provider may do blood tests to see if your kidneys are working properly.
- inflammation of the kidney, passing a lot of urine and feeling thirsty, damage to kidney tubule cells
- fatty liver
- liver failure, in some cases leading to death or liver transplant. Most cases occurred in patients who already had liver disease, but there have been a few reports in patients without any existing liver disease.

- softening of the bones (with bone pain and sometimes resulting in fractures)

The following side effect is of unknown frequency:
- encephalopathy (brain disorder which can be severe)

If you think that you may have any of these serious side effects, talk to your health care provider.

Most frequent side effects
The following side effects are **very common** (these may affect more than 1 user in every 10 patients):

- dizziness, diarrhoea, feeling sick (nausea), being sick (vomiting)
- rashes (including red spots or blotches sometimes with blistering and swelling of the skin), which may be allergic reactions
- feeling weak

Tests may also show:

- decreases in phosphate levels in the blood

Other possible side effects
The following side effects are **common** (these may affect up to 1 user in every 10):

- stomach pain
- difficulty sleeping, abnormal dreams, difficulty concentrating, drowsiness
- feeling worried or depressed
- problems with digestion resulting in discomfort after meals, feeling bloated, wind (flatulence)
- loss of appetite
- tiredness
- itching
- hair loss
- disturbances of coordination and balance
- headache
- cough
- irritated or runny nose
- fever (high temperature)
- general feeling of being unwell

Tests may also show:

- increased fatty acids (triglycerides) or sugar levels in the blood
- liver and pancreas problems

The following side effects are **uncommon** (these may affect up to 1 user in every 100 patients):

- blurred vision
- a feeling of spinning or tilting (vertigo), whistling, ringing or other persistent noise in the ears
- flushing
- breast enlargement in males
- breakdown of muscle, muscle pain or weakness

Tests may also show:

- low white blood cell count that help defend against infections and low red blood cell count (anaemia)
- low red blood cell count (thrombocytes) that help to stop bleeding
- increased cholesterol in the blood
- decreases in potassium in the blood
- increases in creatinine in the blood
- proteins in urine

The breakdown of muscle, softening of the bones (with bone pain and sometimes resulting in fractures), muscle pain, muscle weakness and decreases in potassium or phosphate in the blood may occur due to damage to kidney tubule cells.

The following side effects are **rare** (these may affect up to 1 in every 1,000 patients):

- itchy rash to the skin caused by a reaction to sunlight

The following side effects are **very rare** (these may affect up to 1 user in every 10,000 patients):

- a failure of the bone marrow to produce new red blood cells (pure red cell aplasia)
- tingling or numbness of the arms, legs, hands or feet

Reporting of side effects

If you get a side effect, talk to your health care provider. This includes side effects not listed in this leaflet. You may also be able to report such effects directly to your national reporting system if one is available. By reporting side effects, you can help to improve the available information on this medicine.

5. How to store Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets

Keep this medicine out of the sight and reach of children.

Do not store above 30°C.

Do not use this medicine after the expiry date stated on the bottle, after "EXP". The expiry date refers to the last day of that month.

Do not use this medicine if you notice visible signs of deterioration or that it is different from the description below.

Do not throw away any medicines in wastewater or household waste. Ask your health care provider how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets contains

The active ingredients are efavirenz 600 mg, lamivudine 300 mg and tenofovir disoproxil fumarate 300 mg.

- The other ingredients of Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets is are:
  Core tablet: croscarmellose sodium, hydroxypropylcellulose, lactose, magnesium stearate, microcrystalline cellulose, pregelatinized starch, sodium lauryl sulphate and iron oxide yellow
  Film coat: hypromellose, polyvinyl alcohol-partly hydrolysed, talc, titanium dioxide, macrogol/PEG, lecithin (soya) and iron oxide yellow.

What Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets looks like and contents of the pack

Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets are yellow-coloured, capsule-shaped, biconvex, film-coated tablets with "T" debossedon one side and plain on the other side.

Efavirenz/Lamivudine/Tenofovir disoproxil fumarate 600/300/300 mg tablets are packed in an HDPE bottle with a non-child resistant cap, containing 3 x 1 gm silicagel bag or 1 x 3 gm silica gel bag. Pack size: 30 tablets.

Supplier & **Manufacturer**

Cipla Quality Chemical Industries Ltd
Plot No 1-7, 1st Ring Road
Luzira Industrial Park
P.O. Box 34871, Kampala
Uganda

For any information about this medicine, contact the supplier.

This leaflet was last revised in March 2023.

Detailed information on this medicine is available on the World Health Organization (WHO) website: https://extranet.who.int/pqweb/medicines